

TIME OUT



WISCONSIN BASKETBALL
WBCA
COACHES ASSOCIATION

THE OFFICIAL NEWSLETTER OF THE
WISCONSIN BASKETBALL COACHES ASSOCIATION
FEBRUARY 2018



IMPORTANT DATES

All-Star Game Nomination Deadline
March 1

Girls' State Tournament
March 8-10

Boys' State Tournament
March 15-17

Academic All-State Nomination Deadline
April 1

Team Academic All-State Nom. Deadline
April 15

WBCA All-Star Games
June 15-16

Hall of Fame Banquet
September 29

FAST BREAK NOTES

Good Luck

First and foremost, as we head down the tournament trail, I wish all coaches the best of luck!

All-Star Nominations

Remember all nominations are done on-line. Page 4 gives a rundown of the nomination process. Also, if your player is not nominated, they will not be considered for the games. Remember also that a coach must be a member of the WBCA to nominate a player.

Individual Academic All-State

All nominations will be done on-line. This is always a very competitive honor and we ask that you please nominate your student athletes by April 1st. Find the link to nominate by going to www.wisbca.org/nomforms.

Team Academic All-State

This honor is by division for both boys' and girls' basketball. Once again, a coach must be a member to nominate a team. Do so online.

Conference Championship and Coach Awards

Did you know that every coach who is a WBCA member can receive a plaque if they win a conference championship and other honors if they reach a win milestone? To submit your information for these awards please visit the nomination forms page of WisBCA.org or go to pages 17 and 18 and send in the form or submit online to me.

State Tournament Hospitality Rooms

This is one of the most popular events that we sponsor for both the boys' and girls' tournaments. The boys' will be held at the Nicholas Suites in the Kohl Center as it always has been. The girls' hospitality room will be in the same location in the Resch Center as last year. Your membership card gets you and a guest into the rooms. For the boys' tournament and the upstairs hospitality suite for the girls' tournament, guests under 18 are only allowed in between games and at halftime. Please note that kids cannot sit in the seats.



UPDATING STATS WITH WSN

Once again the WBCA is using the WisSports.net stats database for our All-State, Academic All-State and All-Star game nomination forms.

Regular season stats must be updated on WisSports.net by one week after the season. The stats that have been entered at this time will be used for by the voting committees that decide on these honors.

If you have any questions on how to update stats or to receive online access please email WisSports.net at info@wissports.net.

Continued on page 2...

WBCA CORPORATE SPONSORS

Just A Game
Wisconsin Dells
Fieldhouse



HONKAMP KRUEGER & CO., P.C.
CPAs & Business Consultants



Krossover
Get your game brain on



SNAPSPO RTS
ATHLETIC SURFACES



TRICOR INC.
INSURANCE

FAST BREAK NOTES

College Forms

Forms are available in this newsletter for "College Staff of the Year" and academic awards for college teams. As always, schools have to be WBCA members to qualify.

Concerns & Issues

If you have basketball concerns or issues that you want to put on the agenda for the Coaches Advisory group, then contact Niki Sutter (WBCA President) at nicole.sutter@oshkosh.k12.wi.us

Memberships

Join the WBCA before the state tournament so you can get into the hospitality rooms where you get free soda, water, and food. It's a place where you will see all your coaching friends. Sign up online at wisbca.org

Congratulations

The Milwaukee Public School Coaches have all become members of the WBCA as the city conference paid for their members. Thank you and welcome. Thank you Russ Thomas.

Referee's Corner

We have added referees to our WBCA Basketball Museum. We have established plaques with a referee's name, city and number of games officiated during their career. If you know of a referee who is retired, you should inform them that they should go to our website and send in their name and information. They can then be recognized with a nameplate on the museum wall.

Lifetime Members

As a coach, if you retire and get a lifetime membership to the WBCA, it is good as long as you are retired. However, if you get back into coaching, then you need to apply for a new membership while you coach again.

Hall of Fame

If you know a coach that should be considered for the WBCA Hall of Fame (active or retired), please get them nominated. Go to the website to find the qualifications needed and the form is available there also or you may nominate them right on-line.

Tribute Awards

If you know of someone who has done a great deal of work for basketball in your school, please nominate them for the WBCA Tribute Award. Tribute Award recipients will have their names on a wall in our Hall of Fame and Basketball Museum. This person could be a scorekeeper, band director, bus driver, announcer, etc.

John Mielke

Sad to see John Mielke resign as basketball coach of Appleton East. John is one of the best coaches in the state and an even better person. I wish him nothing but the best.

Remember:

Most forms for awards from the WBCA can be found on the website at wisbca.org.



Jerry Petitgoue, Executive Director of the WBCA
jerrypetitgoue@icloud.com, 608.778.1986
218 South Lincoln St., Cuba City WI 53807.

KOHL CENTER METAL DETECTORS

This year at the Boys State Basketball Tournament, metal detectors will be in use to screen fans as they enter. Please be prepared to remove cell phones, cameras, and keys from your pockets as you pass through the detectors. You may NOT bring in a gun, Swiss Army knife, pocket knife, or leatherman knife.

Please allow yourself extra time upon arrival at the Kohl Center as long lines may exist. All games will start at their scheduled time. Doors will open 1 1/2 hours prior to Session 1 on Thursday and 1 hour prior to all games for the remainder of the tournament.

WORKING WITH THE TABLE CREW

By Terry Erickson, WBCA Executive Board
February, 2018

We have all been in situations where the table crew may be inexperienced. As a result, problems occur during the game and officials are caught in an uncomfortable position. This occurs at nearly every level of play.

It may be a last second shot when time has run out but the horn failed to sound. Or, communication is lacking with the scorer and fouls are recorded before you even report the foul. Or the shot clock operator was pulled from the stands as the result of someone not showing up. I have seen it all throughout my forty plus years of officiating.

Regardless of the experience level of the table crew, officials are responsible for their mistakes. Our goal is to minimize the impact the table crew can have on the game by having both table management and clock awareness. We can do this in the following ways.....

PREPARATION

- Assume that your table crew will have a level of inexperience
- Assume that your table crew may make a mistake
- Assume that someone in your crew may miss the mistake

By assuming that these things may occur, you can be at your very best in the event that a problem develops. Be aware of rules pertaining to correctable errors, foul administration, scoring and timing regulations, live and dead ball situations, time outs, technical fouls and alternating possessions. In addition, report to the table 10 minutes before the game to avoid having to start the game with a technical foul due to a lack of game preparation.

INFORMATION

Keep in mind that the information that you provide to the table will need to be tailored to the level of basketball that you are officiating. At all levels, you need to remind the table that they are a part of your team.

Politely introduce yourself to all table personnel and ask if they have any questions that you can answer.

When discussing game procedures, be sure that your comments are not condescending. If you are working with a veteran table crew, ask them how you can assist them in certain situations.

COMMUNICATION

As you have heard numerous times, communication is essential in establishing good table management and clock awareness skills. That communication begins in your pre-game conference where you discuss last second shot responsibility, eye contact, free throw confirmation, fouls/bonus, timeouts, warnings, technical fouls, throw-ins, team control, substitutes, correctable errors and the alternating possession arrow.

By following these suggestions, you will experience a level of comfort that may ensure that your game will go well. And, it just may carry you to the next level of officiating.

WBCA ONLINE ALL-STAR NOMINATION PROCESS

The online nomination form is online and can be found on the home page of WisBCA.org as well as by clicking on the "Nomination Forms" link under the "About".

You may also type in the following address to access into your browser to access the nomination form: <https://wisbca.sportngin.com/register/form/308932746>.

Nominating your student-athlete online is the only way for them to be considered for participation in the games.

ONLY A VARSITY HEAD COACH WHO IS A WBCA MEMBER CAN NOMINATE A PLAYER.

Once again, stats will no longer be included on the form but will be pulled from the WisSports-net database after the regular season is concluded. If you need access to your team to update your all-star nominee's stats you can contact WSN at info@wissports.net.

Only students who are scheduled to graduate in the current spring (2017) are eligible to be nominated. We may request confirmation from the principal and guidance counselor that the student has passed all necessary requirements and will graduate. If the student fails to graduate, he or she will NOT be allowed to play in the WBCA All-Star game.

Students who have committed major athletic code violations during their senior year are not allowed to be nominated for the game. Furthermore, if a violation occurs after they have been selected from the team they will be replaced. These major athletic code violations would include any suspension for alcohol or drugs related activity and if the student-athlete participates in a violation of citizenship, which includes violating any criminal law or local ordinance. If a coach feels like their student-athlete's violation was not justified they may appeal to the all-star committee before the all-star selection meeting takes place.

The dates of the girls game is June 15th and the boys game will be on June 16th. IF YOUR STUDENT-ATHLETE WILL NOT BE ABLE TO PARTICIPATE IN THE GAMES PLEASE DO NOT NOMINATE THEM. We only announce confirmed participants so it is to no benefit for your player to be nominated if they can not attend due to injury, college commitment or any other reason.

Lastly, each participant in the games is required to raise a minimum of \$500 as part of our fundraising efforts for the MACC Fund to help fight childhood cancer and blood related diseases. The WBCA covers lodging, meals and gear for all players selected to the game so there are no expenses required beyond raising the money for charity. As the nominated varsity coach, you are guaranteeing that they will raise this money and that you will be held responsible, along with your player for their fundraising efforts. DO NOT NOMINATE YOUR STUDENT ATHLETE IF TOGETHER YOU ARE NOT WILLING TO FUNDRAISE FOR THE GAME.

You will receive an email confirmation/receipt after your nomination is submitted. If you do not get this email, that means you did not complete the process.

Varsity Coaches who are current WBCA members will be invited to attend the selection meeting to speak on their player's behalf.

This year the boy's All-Star selection meeting will take place the Sunday after Sectional finals, March 11 in Wisconsin Dells. The girls will remain on the Saturday of the state tournament in Green Bay. Both locations are to be determined but if you nominate a player you will receive an email with location details.

The deadline for all-star nominations will be March 1st.



WISCONSIN BASKETBALL
WBCA
COACHES ASSOCIATION

ANNUAL COACHING AWARDS FORM

CONFERENCE CHAMPIONSHIP

Conference Championship
Awards
Can be picked up at
The Fall Clinic

Name: _____

School: _____

Conference: _____

Remember to
enclose one wallet
sized photo.

Please include home
email address.

CAREER WINS

(100-200-300-400-500 Plateau) If you received an award for 100 wins, you do not qualify for another award until you reach 200 wins, etc.

100 & 200 Win awards can be
picked up at the Fall Clinic. Ev-
erything above 200 wins is given
at the Hall of Fame Banquet

Name: _____

School: _____

Total # of Wins: _____

Remember to
enclose one wallet
sized photo.

Please include home
email address.

25-YEAR WATCH

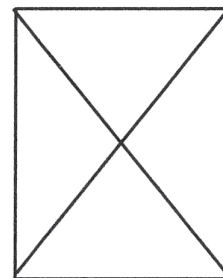
You must be a WBCA Member for the last 5 consecutive years.

25-Year Watch
Can be picked up at
The Hall of Fame Banquet

Name: _____

School: _____

Total # of Years: _____



35-YEAR AWARD

You must be a WBCA Member for the last 5 consecutive years.

35-Year Award
Can be picked up at
The Hall of Fame Banquet

Name: _____

School: _____

Total # of Years: _____

Remember to
enclose one wallet
sized photo.

Please include home
email address.

NOTES: 1) Conference Championship awards will be handed out at the fall clinic. You must be there to pick up the award, if you cannot make the clinic please have someone pick up the award for you. No awards will be mailed.

**RETURN FORM BY AUGUST 1ST TO JERRY PETITIGUE
218 SOUTH LINCOLN ST., CUBA CITY, WI 53807
OR VIA EMAIL: JERRYPETITGOUE@ICLOUD.COM**



WISCONSIN BASKETBALL
WBCA
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**ANNUAL SUPPORTING CAST
AWARDS FORM**

Which award are you nominating for:

☐

Athletic Director of the Year
(must be an AD for 20 years or more)

☐

Administrator of the Year

☐

25 Year Golden Whistle Award
(must be a WBCA member)

☐

Media person of the Year

☐

Assistant Coach of the Year

(must be in coaching 20 years and a WBCA member the past 5 years)

Name: _____

School or City: _____

Total number of years: _____

School or City: _____ Is a WBCA Member? _____

Home Email Address: _____

NOTES & REQUIREMENTS

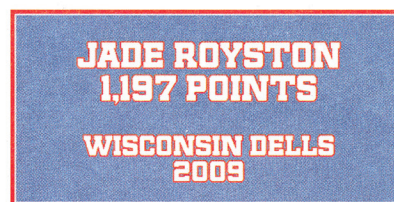
- 1) For all award nominations except Golden Whistle, please include a brief resume of career accomplishments
- 2) All awards will be handed out at the annual Hall of Fame banquet. You must be there to pick up the award, if you cannot make the banquet please have someone pick up the award for you. No awards will be mailed.
- 3) Please send one wallet size photo with this form and please put your name on the back of the photo. Please do not press too hard when signing your name, also please DO NOT staple or paper clip your picture. If there is no photo included than the award will be completed without it.

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218 SOUTH LINCOLN ST., CUBA CITY, WI 53807
OR VIA EMAIL: JERRYPETITGOUE@ICLOUD.COM**

1000 Point, 300 Win & 1000 Games Officiated Club

As part of the WBCA Hall of Fame we honor coaches, players and officials that have hit these landmark milestones.

Points must be from WIAA varsity contests only. Games officiated must be from WIAA varsity and college games. Coach record may be WIAA Varsity or JV but please specify if it is your JV record.



For a \$20 donation you can have your achievement on the walls of the WBCA Hall of Fame at the JustAgame Fieldhouse. Each donation will be given a 6x3 inch plaque in the Hall of Fame.

School (for Coach & Players) : _____

Colors (for Coach & Players): _____

Player/Coach/Official	Years	Points/Record/Games
Bob Sample	1997-2001	1,343 Points
Joe Sample	1978-2000	525-341
Jim Sample	1985-2013	1500 Games Officiated
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

If you need more space please use back of sheet or attach another sheet. Each player, coach or referee requires a \$20 donation. Checks made payable to:

Wisconsin Basketball Coaches Association
Attn: Hall of Fame
218 South Lincoln St.,
Cuba City, WI 53807

Please allow some time after submittal for your plaque to be displayed. For coaches or players we reserve the right to ask you for documentation or school authorization of your record.



BENEFITS OF WBCA MEMBERSHIPS

If you have not signed up yet, please consider joining one of the finest coach associations in the country. If you have signed up, please help us by reminding your fellow coaches and officials to sign up. Below is a list of some of the benefits of WBCA membership.

1. Become active and have ownership in the WBCA and WIAA working relationship.
2. Take advantage of WBCA Mentor Program.
3. Receive WBCA newsletter four times a year.
4. Be selected as a head or assistant coach for the WBCA All-Star games.
5. Be eligible to attend hospitality rooms at the Boys' and Girls' State Tournaments at the Kohl Center and Resch Center.
6. Be elected to the WBCA Executive Board.
7. Be named Coach of the Year
8. Be selected as a fall or youth clinic speaker.
9. Attend WBCA sponsored fall clinic or youth clinics at a discount rate.
10. WBCA legal assistance available to all WBCA members who need it.
11. Attend outstanding WBCA Hall of Fame banquet.
12. Be eligible for the following awards:
 - a – Conference Championship plaques.
 - b – 100-200-300-400-500+ win plaques.
 - c – Referee Golden Whistle plaque.
 - d – 25-year watch award and 35-year plaque.
 - e – Head and Assistant Coaches of the Year Award.
 - f – Athletic Director and Administrator plaques.
13. Be eligible for the prestigious Steve Randall Memorial award.
14. Be eligible for the prestigious Eli Crogan Humanitarian award.
15. Be eligible for State Championships ring.
16. Be eligible to be selected to the WBCA Hall of Fame as a:
 - a – Coach - High School and College
 - b – Assistant Coach
 - c – Player - Men and Women
 - d – Referee
 - e – Friend of Basketball
17. Become more professional by attending your professional association.
18. Receive discounts, specials and tickets from vendors and sponsors
19. When selection criteria are close to equal, preference for awards and all-star game spots to WBCA Member coaches.
20. Associate membership of the National High School Basketball Coaches Association (NHSBCA)
21. Be eligible to nominate your player to participate in the WBCA All-Star games.
22. Be eligible to have your team play in the WBCA summer tournaments.
23. Be able to express your concerns about basketball in our state to the advising coaches board to the WIAA.
24. Be proud of the fact that you are a big part of an organization that has given over \$2.5 million to Midwest Athletes Against Childhood Cancer.
25. Team first award
26. State Banners awards

2018 WBCA EXECUTIVE BOARD ELECTION INFORMATION

This year there will be four elected positions on the ballot at the Fall Clinic. Coaches wishing to run for the board must be coaching in the division that is on the ballot, have been a head coach for five years, and of course be a WBCA member.

Positions on the ballot this year:

- **Division 4 Girls Rep.** – Currently held by Holly Bahr, Shoreland Lutheran.
- **College Women's Rep.** – Currently an open position.
- **College Men's Rep.** – Currently held by Greg Gard, UW Madison.
- **A.D. Rep.** – Currently held by Chris Zwettler, Madison Edgewood

For information about the election process or to place your name on the ballot contact Dennis Uppena at 608-725-5084 or dcuppena@gmail.com

2018 HEAD COACHES – GIRLS' WBCA ALL-STAR GAMES

Division 1: North	Eric Speilman	Sheboygan North	Division 4: North	Kim Weber	Cameron
Division 1: South	Craig Machut	Milwaukee King	Division 4: South	Mitch Redig	St. Mary's Springs
Division 2: North	Jeff Charney	Pulaski	Division 5: North	Steve Alberson	Flambeau
Division 2: South	Sam Mathiason	Monroe	Division 5: South	Merlin Jones	Bangor
Division 3: North	Joe Brennan	Hayward			
Division 3: South	Brian Kammerer	Brodhead			

SITES FOR PACKET PICKUP FOR ALL-STAR PLAYERS: BOTH BOYS AND GIRLS – SUNDAY, MARCH 18TH

Madison:	Madison Edgewood H.S.	10:00 a.m.
Pewaukee:	Pewaukee High School	1:30 p.m.
Neenah:	Neenah High School	2:00 p.m.
Stevens Point:	SPLASH High School	4:00 p.m.
La Crosse:	La Crosse Logan H.S.	2:00 p.m.
Fall Creek	Fall Creek High School	1:00 P.M.

2018 HEAD COACHES – BOYS' WBCA ALL-STAR GAMES

Division 1 North	Dana McKenzie	Waunakee	Division 4 North	Adam Jacobson	Marathon
Division 1 South	Bo Richter	Waukesha South	Division 4 South	Brad Schaper	Onalaska Luther
Division 2 North	Jake Schalow	Merrill	Division 5 North	Mark Denniston	Pittsville
Division 2 South	Tom Diener	Cedarburg	Division 5 South	Dave Borgrud	Deerfield
Division 3 North	Nick Johnson	Prescott			
Division 3 South	Matt McGraw	Dodgeville			

2018 HALL OF FAME INDUCTEES

HIGH SCHOOL COACH

Jeff Christensen, Racine Lutheran
Jeff Kind, Middleton
Mickey Martin, Little Chute
Jeff Pustina, Cuba City
Mike Schalow, Kaukauna
Dave Scheidigger, New Berlin Eisenhower
John Stelzer, Manitowoc Roncalli
Caron Townsend, River Ridge

ASSISTANT COACH

Dale Buvid, Monroe
Jerry Sinz, Edgar

COLLEGE COACH

None

FRIEND

Dave Fritz, Potosi
Randy Gorske, North Fond du Lac

REFEREE

Jeff Hartl, Kieler
Dave Kersten, Wisconsin Rapids
Ken Welter, Dickeyville

PLAYER – BOY

Dr. Howard Fuller, North Division
Tom Hughbanks, Green Bay East
Roger “Whitey” Johnson, Eau Claire Memorial
Mike Kelley, Milwaukee Pius
Rob Logterman, Janesville Craig
Jim McIlvaine, Racine St. Catherine’s
Todd Meier, Oshkosh Lourdes
Terry Porter, Milwaukee South
Steve Wilhelm, Fall Creek
Mike Wilks, Milwaukee Rufus King

PLAYER – GIRL

Colleen Heimstead, Elk Mound
Kelly (Auger) Kelley, Milwaukee Pius
Corrin (Von Wold) Mataczynski, Hudson
Tracy (Winkler) Schmotzer, Chilton
Jerica Watson, Milwaukee Washington

First, Never Marry A Coach... But If You Do

GALENA — First, never marry a coach.

If this advice comes too late, there are two alternatives: supreme self-sacrifice or divorce.

A coach is not a real person, and, therefore, cannot be dealt with as such. If you choose the route of the martyr, then the rest of this article is for you.

Put away all those fancy cookbooks you received as wedding gifts, along with the woks and chafing dishes and those beautiful serving trays. There are only two things you will need—a slow cooker and a freezer. They go with the only two meals you'll have to serve—late and impromptu.

If you try to plan a meal that has to be eaten within a reasonable time span, you will only be disappointed. Something "more important" will surely come up to detain him, from a sweat socks salesman to a kid who needs a hangnail amputated.

Forget the romantic candlelight. He can't see the sports page or draw plays in his mashed potatoes in the dark.

His clothing needs are quite simple. He needs only three outfits: one for winning, one for losing and one for practicing. Just pray that his school colors aren't pomegranate and puce.

Your own clothing, too, will be easy to select. You will need something casual and comfortable for climbing and sitting on bleachers during his ball games, and something sexy for an occasional evening out when he takes you to someone else's game.

If you somehow manage to divert his attention long enough to have a family, never be so short-sighted or inconsiderate as to have your delivery date come immediately before, during or immediately after his season. The last woman to do something so foolish had to pick up her husband at the gym on

her way to the hospital. Her baby's birth announcement was found on the sports page as an "interesting sidelight of the holiday tournament."

Plan to be the sole disciplinarian. Just because the coach can hold 20 teen-age boys at bay and make them jump when he barks a command, don't expect him to handle a child, especially his own. When the 2-year-old disobeys and he tells her to "drop and give him 10," you know you're in trouble.

No matter how hard you try to provide a normal environment, your children are going to be affected. When other kiddies are singing nursery rhymes, your little ones will be chanting the school's fight song.

Try as you may to teach them Emily Post, when you take them out in public, their "gymnasium etiquette" will come through loud and clear.

On game weekends, your phone will ring constantly. You will have team members dropping by all hours of the day and night. There will be criticism and praise, good times and bad times. You will sometimes be so hassled that you won't remember your own name.

But if you can keep your sanity, and still manage a smile, the rewards outweigh the problems 100 times over! Somehow your kids will survive in spite of their paternity, and maybe one boy out of 100 will become a better person because of his coach.

And when that one boy comes back to say, "Thanks, Coach," you can be proud that the coach was there for the boy because you were there for the coach.

That's what it's really all about.

SHOT CLOCK IN HIGH SCHOOL BASKETBALL – THE DEBATE CONTINUES

By Mike Dyer

As high school basketball competition begins to wind toward state tournaments across the country, these events in most states are contested without the use of a shot clock.

For a number of years, proposals to implement a shot clock have been defeated by the National Federation of State High School Associations (NFHS) Basketball Rules Committee. With about 18,000 high schools offering girls and boys programs, the arguments against the use of a shot clock have prevailed.

Interest in the shot clock, however, has led eight state associations to permit its use. Currently, Massachusetts, Maryland, Rhode Island, Washington, New York, California, North Dakota and South Dakota utilize the shot clock for either boys or girls or both. Since there currently is no allowance for a shot clock under NFHS rules, these states forfeit opportunity for service on the Basketball Rules Committee.

A few other states have indicated an interest in the shot clock if NFHS rules permit its use, but many states believe the game should remain different from the college and professional levels.

Kentucky High School Athletic Association (KHSAA) Commissioner Julian Tackett has multiple reasons why his membership doesn't adopt the shot clock, including the lack of a national rule and the fact that the KHSAA is a membership-driven organization and it hasn't heard a strong outcry from schools wanting to change.

There are also financial, personnel and philosophical questions that are legitimate front-burner issues. Unless the NFHS makes a national rules change, Kentucky likely won't see a state adoption unless its membership proclaims a need.

Theresa Wynns, director of sports and officials education at the NFHS, said there have been a couple of proposals during her three years as staff liaison to the Basketball Rules Committee. Since the NFHS Basketball Rules Book addresses both boys and girls basketball, the proposals have been inclusive of both genders.

The arguments against the rule, Wynns said, include:

- The high school game does not need the shot clock. It is in good shape as it is.
- A shot clock takes away strategy from some coaches to slow the ball down to match up to the opponent.
- Some committee members are opposed to "state adoption" because everyone should be playing the same game.
- Education-based basketball does not warrant that student-athletes and coaches play to entertain the public.



"It is difficult to forecast what a committee might do," Wynns said. "We have individuals each year who speak eloquently about the use of the shot clock. They have not been able to convince a majority of the committee to vote positively for the shot clock."

Several states use the shot clock for various reasons and have highly attended state tournaments because of that element of the game, Wynns said.

Washington was among the most recent to make the change as it installed a 35-second shot clock in the spring of 2009 in boys basketball. The 2009-10 school year was the first season of implementation.

"The game itself is essentially the same, with or without a shot clock," said Cindy Adsit, Washington Interscholastic Activities Association assistant executive director. "The shot clock eliminates the possibility of a team running a spread offense, also known as stalling."

Adsit said that a 30-second shot clock has always been in effect for girls in her state. Washington schools adopted NFHS basketball rules for girls in the early 1980s, but it continued to use the shot clock based upon prior arrangements.

St. Bernard (Ohio) Roger Bacon boys basketball coach Brian Neal coaches in a state where the shot clock isn't used but said he would be "shocked if I didn't see it eventually."

He realizes the administrative challenges associated with finding a good clock operator, being able to reset the shot clock in an effective manner and the cost of installation in most school districts would be an uphill climb.

Still, as a coach, Neal is in favor of the shot clock and says it would encourage more teams to play with pace.

SHOT CLOCK IN HIGH SCHOOL BASKETBALL *CONTINUED*

"We actually have played in a holiday tournament in New York where a shot clock was used," Neal said. "The week before we really tried to make sure we were prepared for their 35-second shot clock. Once there, we realized that it hardly ever came into play."

Liberty Township (Ohio) Lakota East girls basketball coach Jill Phillips said money is probably one of the biggest reasons the shot clock has not been implemented in more schools.

"It does take away the 'stall' game if a team feels it is at a huge disadvantage to another team," Phillips said. "But in a lot of ways, it creates a more even playing field. Teams can play whatever defense they choose to play versus getting behind and being forced to play man to man because the other team can hold the ball. It completely changes close games at the end of games."

Coaches may enjoy the opportunity but administrators are hesitant to create another possible challenge to a high school gym.

Shot clocks range from \$2,000 for a basic model mounted to the backboards to \$5,000 for one attached to the scoreboards, according to a Columbus Dispatch report in August 2013.

Adsit believes the shot clock will never be accepted by a majority of the NFHS member states for a variety of reasons, but the primary one being finances.

Ohio High School Athletic Association Assistant Commissioner Jerry Snodgrass echoed the challenges Tackett faces in the bordering state.

"I would be honest with you," Snodgrass said. "I wouldn't mind seeing (the shot clock). But, I think wanting it and administering it are two different things."

The cost factor in Kentucky cannot be underestimated, Tackett said.

"In recently constructed gyms, it might be easy to retrofit and add clocks," Tackett said. "However, in the vast majority of our schools, the facilities are old enough to where adding properly placed clocks would be a very costly addition."

Wynns said the game means something different for the players at the high school, collegiate and professional levels.

"The high school, professional and college basketball games are different because of the parties involved in playing the game," Wynns said.

"It is a business for the professional level. You may or may not see them playing hard. The collegiate player is playing because he/she is being 'paid' to do so through a scholarship. The high school player plays because he/she has the skills that allows them to represent his/her school and to enjoy the camaraderie with the teammates."

Tackett said the scorer's table staffing would also be a significant factor in discussing the shot clock.

"While some of our schools have outstanding individuals with great capabilities that man the required positions of scorer and timer, the prospect of finding an additional qualified individual would be very difficult for the vast majority of the member schools, especially at the non-varsity level," Tackett said. "We use our playing rules at all playing levels (freshmen, junior varsity and varsity), and the table personnel issue is very real."

West Chester (Ohio) Lakota West girls basketball coach Andy Fishman said 70 percent of OHSAA girls basketball players don't play in college. He believes there would be more lopsided scores if the shot clock was installed as teams with less scoring prowess couldn't hold the ball as long.

Fishman likes the shot clock concept, but said he also appreciates the logistical and financial implications.

"Using a shot clock with a 30-point mercy rule might help, but what about the girls who are paying high fees to play? It is inherently wrong to speed up the game," Fishman said.

Tackett said the philosophical statements made by coaches in Kentucky should be duly noted.

"Many lament the current state of the college game, its lack of fundamentals and hurried play," Tackett said. "There is a widely held school of thought that the push to play within the shot clock has contributed to the erosion of fundamental play."

SOME COACHES STILL STALLING AS SHOT CLOCK GAINS FAVOR

By Jim Halley, USA TODAY

Time might be running out on the stall in high school basketball.

While a proposal for a national shot clock was voted down this year by the National Federation of State High School associations, eight states have adopted a shot clock, though doing so puts those state associations out of compliance with NFHS rules and denies those associations a vote on the NFHS basketball rules committee.

“It seems the interest (in a shot clock) is increasing as opposed to waning,” said Mary Struckhoff, an NFHS assistant director and liaison to the NFHS basketball rules committee. “The biggest concern from the committee in voting against a shot clock is the economic climate. If you think all the things that were talked about in the past, such as coaching strategies and pace of play, I feel like the group and some of its constituents are overcoming those concerns.”

North Dakota, which had a shot clock for Class A-added it for smaller-enrollment Class B this season. Sherm Sylling, executive secretary of the North Dakota High School Activities Association said a school’s cost of adding shot clocks begins at \$2,200 for clocks, plus extra pay of a clock operator.

Bentonville, Ark., boys basketball coach Jason McMahan wasn’t thrilled with the stalling by Tahlequah, Okla., this season in a 29-25 Bentonville win, but he sees the other side.

“Under the way things are currently structured, with the pressures high school coaches are under, they have no choice sometimes to resort to those low-scoring games to try to win,” McMahan said. “What all of us would want is something that takes the decision out of our hands and puts it into the kids’ hands and requires them to make plays.”

The crucial moment in Hoosiers happens when Jimmy Chitwood holds the ball for what seems like an eternity before scoring the winning basket. The movie is based loosely on the story of tiny Milan defeating Muncie Central 32-30 for the all-class Indiana state title in 1954. Not surprisingly, Bobby

Plump, the real-life Chitwood, is against a high school shot clock. “At the level of high school, you don’t get the chance to recruit to your system, as you do in colleges or the pros,” Plump said. “You have to coach to the talent you’re dealt.”

Plump said Milan used its cat-and-mouse offense six times that season, culminating in his winning jump shot against Muncie Central that came after he held the ball 4 minutes, 17 seconds.

Oak Hill (Mouth of Wilson, Va.) coach Steve Smith, who has sent more than 20 players to the NBA, concedes that stall ball doesn’t have to be boring – to a point. “I saw a (35-33) state championship game in Kentucky in (1983), and it was one of the most exciting games I’ve ever seen,” Smith said. “It was in Rupp Arena, and the gym was packed and it was triple overtime....And it was the little town against the big town. It was a great game to watch...Most slow-down games aren’t like that.”

State high school associations that allow a shot clock in basketball:

Shot-clock States		
State	Boys	Girls
California	35 seconds	30 seconds
Maryland	none	30 seconds
Massachusetts	30 seconds	30 seconds
NewYork	35 seconds	30 seconds
North Dakota	35 seconds	30 seconds
Rhode Island	35 seconds	30 seconds
South Dakota	35seconds	35 seconds
Washington	35 seconds	30 seconds

- Source: Individual state high school associations

EVENTS SCHEDULE

March

- 24 - Monk's March Madness Classic
4th-8th School teams and 10U-17U (Boys)
Entry Fee \$180
- 25 - Monk's March Madness Classic
4th-8th School teams and 10U-17U (Girls)
Entry Fee \$180
- 30 - Champions Classic -
10U-17U Boys Entry Fee \$190
- 31 - Champions Classic -
10U-17U Girls Entry Fee \$190

April

- 1 - Closed for Easter Sunday
- 7 - Great Wolf Lodge Spring Shootout -
10U-13U Boys and Girls Entry Fee \$190
- 8 - Great Wolf Lodge Spring Shootout -
14U-17U Boys and Girls Entry Fee \$190
- 13 - 14 - 15 - Gym Rats State Tournament -
All Age Boys and Girls
www.pdpbasketballacademy.com
- 21 - Bobbers Shootout -
14U-17U Boys and Girls Entry Fee \$190
- 22 - Bobbers Shootout -
10U-13U Boys and Girls Entry Fee \$190
- 28 - Showboat-Tugs Classic -
10U-17U Boys Entry Fee \$190
- 29 - Showboat-Tugs Classic -
10U-17U Girls Entry Fee \$190

May

- 5 - Great Wolf Lodge All Star Classic -
10U-14U Boys and Girls Entry Fee \$190
- 6 - Great Wolf Lodge All Star Classic -
15U-17U Boys and Girls Entry Fee \$190
- 12 - Noah's Ark Shootout -
10U-17U Boys and Girls Entry Fee \$190
- 13 - Mothers Day -
Take the day off and celebrate with Mom.
- 18 - 19 - 20 - Hugh Roberts Original Wisconsin
Ducks Classic - 10U-18U Boys and Girls
Entry Fee \$295
- 26 - 27 - 28 - Closed for Memorial Day Weekend

June

- 2 - Laina Bailey Shootout -
10U-17U Boys and Girls Entry Fee \$190
- 3 - Noah's Ark Hall of Fame Shootout -
College Men and Women Div. 3, Div. 2,
Junior College Entry Fee \$200
- 9 - MACC Fund Classic -
10U-18U Boys -
Entry Fee \$225
- 10 - MACC Fund Classic -
10U-18U Girls - Entry Fee \$225
- 11 - 12 - 13- Mt. Olympus Dells Classic -
Freshman, JV, Varsity Girls -
School teams only. Entry Fee \$375
- 15- WBCA Girls All-Star Games
- 16- WBCA Boys All-Star Games
- 16 - All Star Shootout -
10U-17U Boys Entry Fee \$190
- 17 - All Star Shootout -
10U-17U Girls Entry Fee \$190
- 18 - 19 - 20 - Mt. Olympus Dells Classic -
Freshman, JV, Varsity Boys -
School teams only. Entry Fee \$375
- 22 - Klements Weenie Day Shootout -
10U-17U Boys Entry Fee \$190
- 23 - Garding Against Cancer Classic -
College Men and Women, 10U-17U Girls -
Entry Fee \$225
- 24 - Tommy Bartlett Classic -
JV-Varsity - Boys and Girls -
School teams only. Entry Fee \$190
- 26-27
Dells Exposure Classic Boys 14U-17U
- 28 - WBCA Jerry Petitgoue Invite - Varsity Boys
- 29- WBCA Jerry Petitgoue Invite - Varsity Girls
- 30 - JustAGame Classic
14U-17U Boys and Girls Entry Fee \$190

July

- 1 - Pizza Pub Classic -
10U-13U Boys and Girls Entry Fee \$190
- 6 - Cyndy Collins Big Block Classic -
JV and Varsity School Teams only.
Entry Fee \$165
- 7 - Justagame Open -
14U-17U Boys and Girls, JV and
Varsity Boys. Entry Fee \$190
- 8 - Justagame Open -
10U-13U Boys and Girls, JV and
Varsity Girls. Entry Fee \$190
- 14 - Crossover Shootout -
10U-13U Boys and Girls Entry Fee \$190
- 15 - Crossover Shootout - 14U-17U Boys and
Girls Entry Fee \$190
- 20 - 21 - 22 - Jimmy V Classic -
All Ages Boys and Girls
www.jimmyvclassic.org/
- 27 - 28 - 29 - Noah's Ark End of Summer
Shootout - 10U-17U Boys and Girls
Entry Fee \$285

August

- 4 - Turn and Burn Shootout -
6th-8th Boys and Girls Entry Fee \$190
- 11 - The Reef Shootout -
College Men and Women - Div. III, Div. II,
and Jr. College Entry Fee \$200

Tournament Entry Information



608-253-6787

info@justagamefieldhouse.com
www.justagamefieldhouse.com

WBCA JERRY PETITGOUE INVITES

Dates for the 3rd Annual WBCA Jerry Petitgoue Invites are set!

Once again our goal is to create the premier summer HS basketball tournament in the state of Wisconsin. The tournament will be used as a fundraiser for the Wisconsin Basketball Coaches Association.

The five WIAA Divisions will be used. Teams will be seeded 1-8 and playoff to a true champion. 3-game guarantee.

This tournament is INVITE ONLY. However, if you'd like to ensure your team is considered, send a short email to kyler@justagamefieldhouse.com expressing interest. Invites will be emailed out by March 20th.

Boys - Wednesday June 28, 2018 Girls - Thursday June 29, 2018
JustAGame Fieldhouse, Wisconsin Dells

5 Divisions - 8 teams each - 40 total teams

\$300 entry fee

All teams play 3 games

Each team must provide a scorer/timer

Following play, each player will receive a hot dog/brat and drink courtesy of the WBCA.

PRESIDENT'S MESSAGE

It's hard to believe that March Madness is just around the corner! Hands down, one of my favorite times of the year! If you are not one of the few that get to coach at the Resch or Kohl Center, I hope you have an opportunity to attend the state tournament. One of our membership's most appreciated benefits are the hospitality suites at the state tournaments. Watch the games, connect with colleagues, and celebrate the hours you and your staff have put in throughout the season! Best of luck as you wrap up your regular season and head into tournament play!

I hope you have had an opportunity to read through the end of season awards emails that have been sent out. A special thank you to Jade Royston who has streamlined nomination forms online and has helped grow our membership to over 4,000! We continue to be one of the leading basketball coaches associations in the nation! Remember, you may only nominate your players and teams for awards if you are a member of the WBCA. Yes, there's still time to join! Head to www.wisbca.org for more info! MARCH 4th is the deadline to nominate players for the WBCA All-Star game in June, along with individual and team academic all-state. New this year is the Team First Award. Please watch for info regarding that award and present it to a deserving player on your team at your awards banquet. The WBCA will also be giving State Qualifier banners to the teams that participate at state, but do not win the state championship. We all know how tough it is just to get there, so proper recognition is definitely deserved!

Other important end of season reminders:

1. Attend and be prepared for your seeding meetings! You must log in on the WIAA website to access the necessary information.
2. The WIAA 3-Point Challenge has been a fun addition to the state tournament weekends. The top 2 players from each division based on shooting percentage will be selected to participate. COACHES MUST ENTER PLAYER STATS on WisSports.net in order for their players to be eligible!

The basketball advisory committee will be meeting at the WIAA office in early April. Items that will more than likely be on the agenda will include revisitation of the shot clock, extra time out, language on the number of games/contests in the season, and beginning discussions on the restricted arc area. The Board of Control will also be meeting again in March regarding the Rural/Urban plan, which was voted against 6-5 at their January meeting. If you have any recommendations, questions, or concerns that you would like brought forward please don't hesitate to contact me, another WBCA executive board member, or a Coaches Advisory member. It will be a transition year with new Board of Control members, along with the retirement of Deb (Hauser) Dinkel. Thanks again to Deb for her outstanding service not only to the WIAA, but also the WBCA! She has been an advocate for our organization and helped to grow our game throughout her tenure. Thank you Deb, and best wishes!

Thank you for being leaders and mentors for your student-athletes and in the schools and communities you represent!

Yours In Hoops,
Niki Sutter

Resources:

Thank you to Cliff Thompson, Executive Board Member, for sharing this article on the Relational Leader:

<https://coachingtoolbox.net/the-relational-leader>

What Drives Winning Videos: <https://whatdriveswinning.com/videos/conference-2017/>

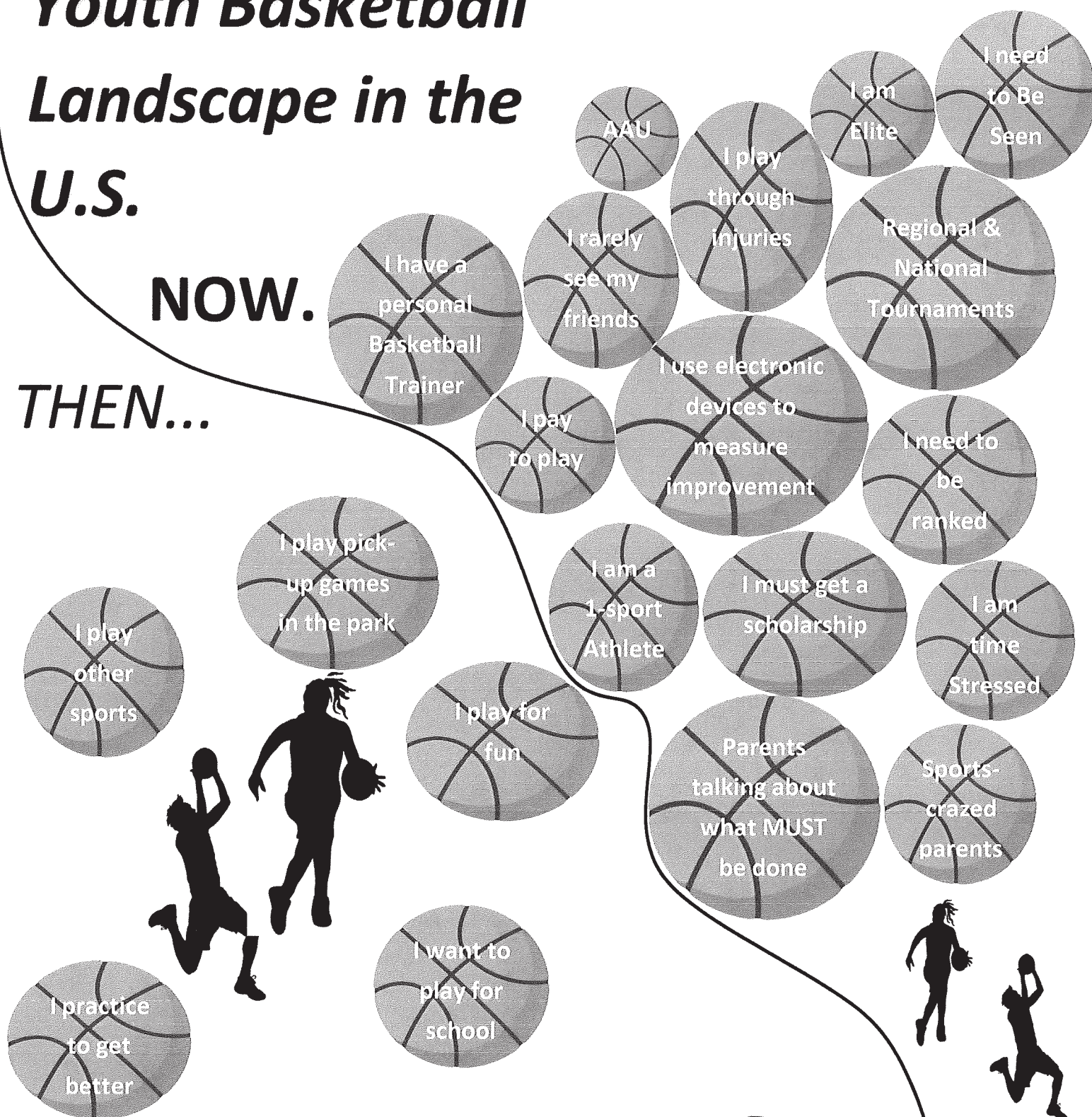
Pick and Pop Best Podcasts from January 2018:

<http://pickandpop.net/2018/01/best-podcasts-january-2018/>

Youth Basketball Landscape in the U.S.

NOW.

THEN...



An overview for parents, players and others provided by
the National High School Basketball Coaches Association.



A. The landscape

The landscape of amateur basketball in the United States continues to change rapidly, particularly in Youth Basketball. There are so many people, leagues, programs, and organizations vying for a spot in the marketplace that it can be overwhelming, as there are so many voices with differing messages and it is hard to know what to do. Some say that Youth Basketball is in a state of crisis.

Consider some of Today's Realities

The United States Sports Association, or USSSA, is a nonprofit with 501(c)(4) status, a designation for organizations that promote social welfare. According to its most recent available IRS filings, it generated \$13.7 million in revenue in 2015, and the CEO received \$831,200 in compensation. The group holds tournaments throughout the nation, and it ranks youth teams in basketball, baseball, and softball. The softball rankings begin with teams age 6 and under. Baseball starts at age 4.

Youth sports is a 15.3 billion dollar industry. A huge number of people have created products, programs, or events to lure parents and players to make money as a business.

Youth sports travel is scoring big as communities across the country build sports complexes to draw youngsters and parents to their sites as a method of economic development.

Many parents sincerely believe that their child will only be able to afford college if they get a basketball scholarship. The rumors and myths have become a reality to many.

There are national tournaments for teams as young as third grade.

Only 1 in 10,000 high school athletes get a partial college athletic scholarship.

Less than 3% of all High School athletes play their sport in college.

Fees and travel costs are pricing out lower-income families.

A growing body of Research shows that intense early specialization in a single sport increases the risk of injury, burnout, and depression among athletes.

B. The Objective

The objective of this document is to ensure the over-all well-being of people participating in youth basketball. The NHSBCA's sole desire is to help amateur basketball players and parents better understand the landscape, help them develop a process to navigate and enjoy the game of basketball, and provide them with resources to find the best information and organizations available.

The NHSBCA hopes this package will help parents and players as well as all interested in the game to...

1. Understand some of the basics and get the big picture view of amateur basketball in the United States.
2. Know where and how to find reliable and accurate information to aid in making informed decisions.
3. Develop a process to make informed decisions based on facts rather than fiction.

C. What does research say about why kids play sports?

Research shows that the number 1 reason kids play sports is **to have fun**.

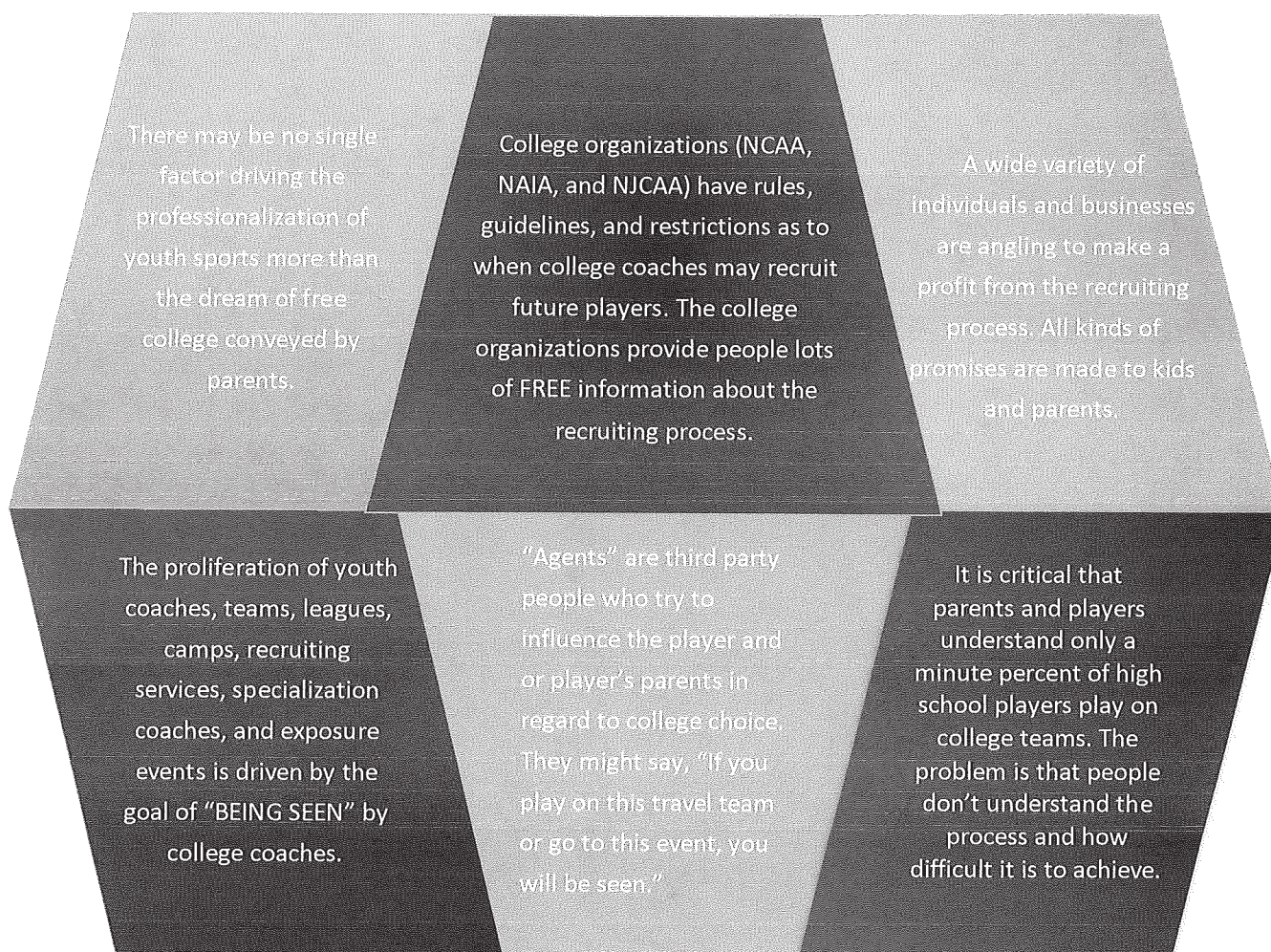
Pictured to the right are the results of a survey of youngsters asking what the most fun aspects of youth sports are (source: Amanda Vissek George Washington, University Fun Mapping).

-
1. Trying your best.
 2. When coaches treat players with respect.
 3. Getting playing time.
 4. Playing well together as a team.
 5. Getting along with your teammates.
 6. Exercising and being active.
 48. Winning.
 63. Playing in tournaments.
 67. Earning medals or trophies.
 73. Traveling to new places to play.

D. Thoughts from the NHSBCA to parents:

1. A "Sports Parent" might be someone whose life is controlled by athletic events. It is as if youth sports have taken over everything for kids and parents.
2. Keep in mind that a major reason youth stop playing sports is the parental pressure involved with playing a sport.
3. Try to make decisions based on fact and personal research, rather than on rumors and what other parents tell you "you must" do for your child.
4. There may be no single factor driving the professionalization of youth sports more than the dream of free college conveyed to/by parents.
5. Your child needs to feel your support, not your interest in wins and performance. Youth play sports to have fun, and that should be important to their parents as well.
6. Some kids feel that one of the most unpleasant parts for a youngster playing sports is the ride home with parents.
7. Parents should make sure that the people working with their child are competent and that conditions are safe and should go watch D1, D2, and D3 college games in their area to see the level of play.
8. Consider how good your kid is and who said so... Has your child reached puberty? This makes a difference. Is your child: Elite? All-star? Top 100? A phenom? <- These terms are used by many to get the attention of a young athlete and their parents.
9. Seek an honest and unbiased evaluation on a player's ability and how likely it is they can achieve their goal.
11. Academic success is very important as well.
12. The NHSBCA endorses programs such as the *Power of Positive Coaching Alliance*. We recommend visiting their website: <https://www.positivecoach.org/>.

E. Consider some realities about college recruiting



F. Different levels you can play in collegiately

NCAA National Collegiate Athletic Association	NAIA National Association of Intercollegiate Athletics	NJCAA National Junior College Athletic Association
<ul style="list-style-type: none"> • Division I - Athletic Scholarships • Division II - Athletic Scholarships • Division III - No Athletic Scholarships 	<ul style="list-style-type: none"> • Division I - Athletic Scholarships • Division II - Athletic Scholarships 	<ul style="list-style-type: none"> • Division I - Athletic Scholarships • Division II - Athletic Scholarships • Division III - No Athletic Scholarships

G. Statistics about playing in college Provided by NCAA probability of competing beyond HS

Of **546,428** HS men's basketball participants, only **18,684** will compete in the NCAA.

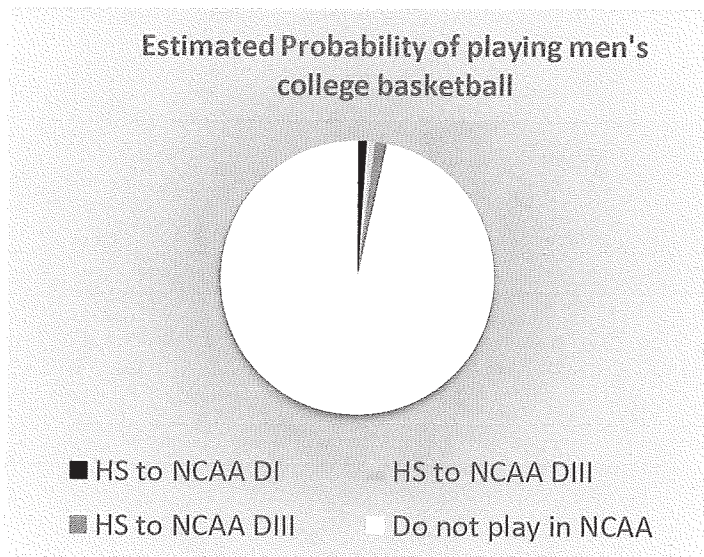


Figure 1. This figure shows the estimated probability (in percentage) of playing in the NCAA out of a sample of 546,428 high school players.

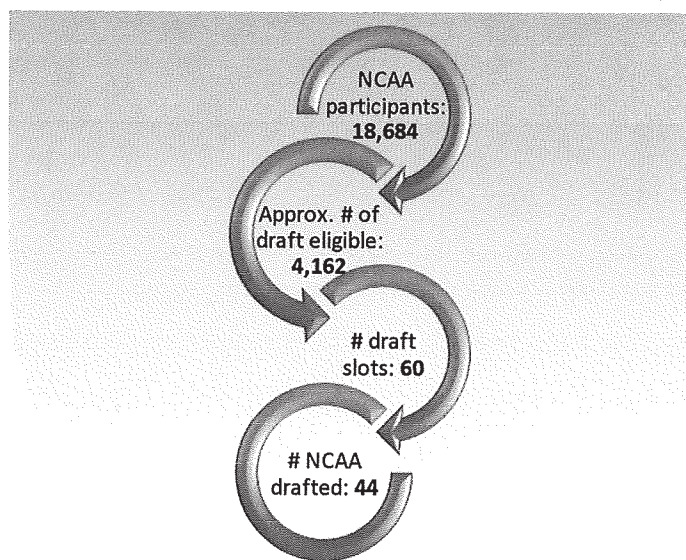


Figure 2. This figure shows the estimated probability of playing men's pro basketball.

Of **429,380** HS women's basketball participants, only **16,593** will play in the NCAA.

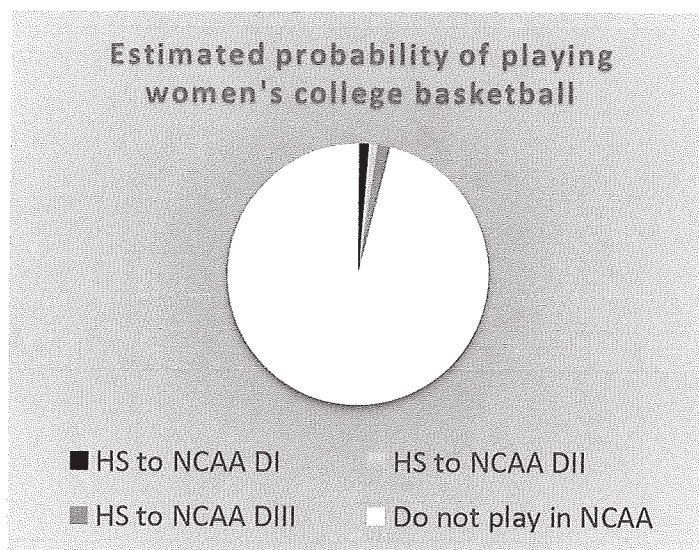


Figure 3. This figure shows the estimated probability (in percentage) of playing in the NCAA out of a sample of 429,380 high school players.

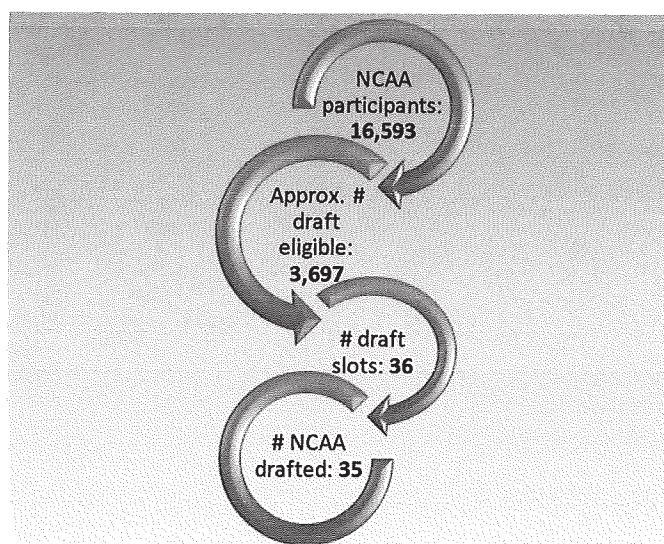


Figure 4. This figure shows the estimated probability of playing women's pro basketball.

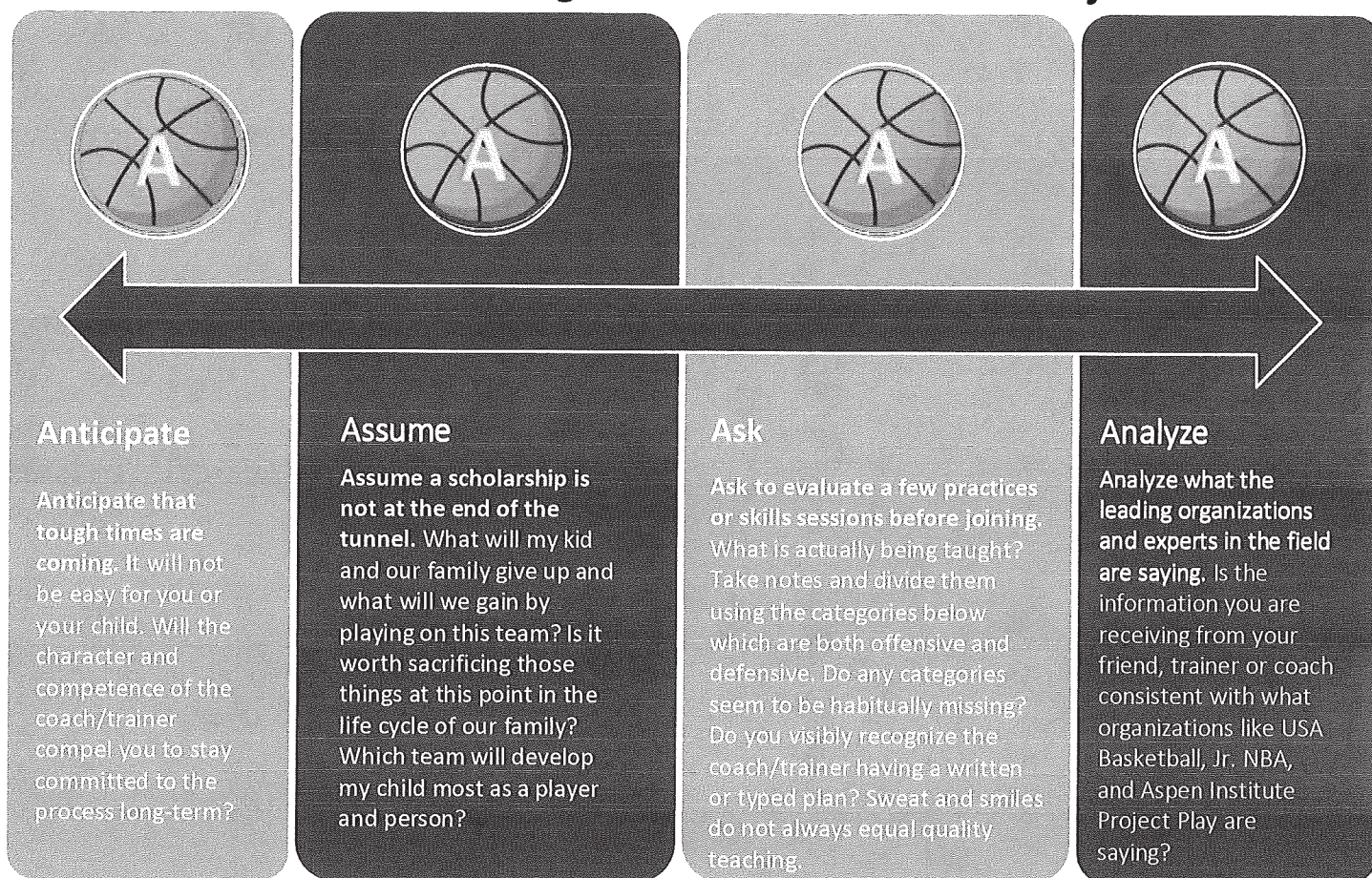
H. Consider the rise of the youth sports industry and its financial impact on families

From TIME Magazine article, August 24th, 2017, "How Kids' Sports Became a \$15 Billion Industry"

1. A range of private businesses are mining this deep, do-anything parental love, causing the nation's youth-sports industry to grow by 55% since 2010.
2. Major media and retail companies are investing in technology that manages peewee schedules.
3. Parents have used GoFundMe to help pay for the travel expenses.
4. Companies do things like process payments for club teams, offer performance analytics for seventh-grade hoops games and provide digital social platforms for young athletes.
5. The national retailer *Dick's Sporting Goods* has acquired companies that specialize in online scheduling and score tracking for youth sports.
6. Last year NBC bought Sport Ngin, a scheduling and social app that has raised \$39 million in venture funding, and rechristened it SportsEngine. In August, SportsEngine launched a searchable directory of more than 100,000 youth-sports camps, teams and leagues.
7. TIME's parent company launched *Sports Illustrated Play* after acquiring three youth-sports-software startups. *SI Play's* apps now has 17 million monthly unique users. According to *SI Play* CEO in the past 18 months, investors have plowed over \$1 billion into the youth-sports market.
8. Westfield, IN issued \$70 million in bonds to build Grand Park Sports Campus, a 400-acre complex that opened in 2014 and includes 31 grass and synthetic fields for soccer, lacrosse and other field sports, 26 softball and baseball diamonds, and a 370,000-square-foot indoor facility. The city is hoping that tax revenue generated by new hotels, retail outlets and medical facilities near the park will eventually pay off the debt. In 2016, the facility had 1.5 million total visitors and put \$162.6 million into the local economy.
9. Opening soon is the Sports KingDome, a facility with 347,000 sq. ft. of indoor space--enough to fit a dozen multisport fields, or six Little League baseball fields -- is slated to open on the site of a former IBM campus in East Fishkill, N.Y., some 70 miles north of New York City. It will become one of the largest domes on the planet, and the owner plans to auction naming rights to the highest bidder. The \$25 million, all-weather complex will allow families in the populous northeastern U.S. to play travel soccer, lacrosse and baseball 12 months a year, just like they do in the Sun Belt.
10. Basketball is pricing out a lot of its player base between exorbitant fees for gym time, travel expenses for travel teams, trainers fee, etc. A kid today who wants to be good has few outlets to improve without a major financial investment.

I. A process to help navigate:

Four A's to "recognize value" and "eliminate junk"

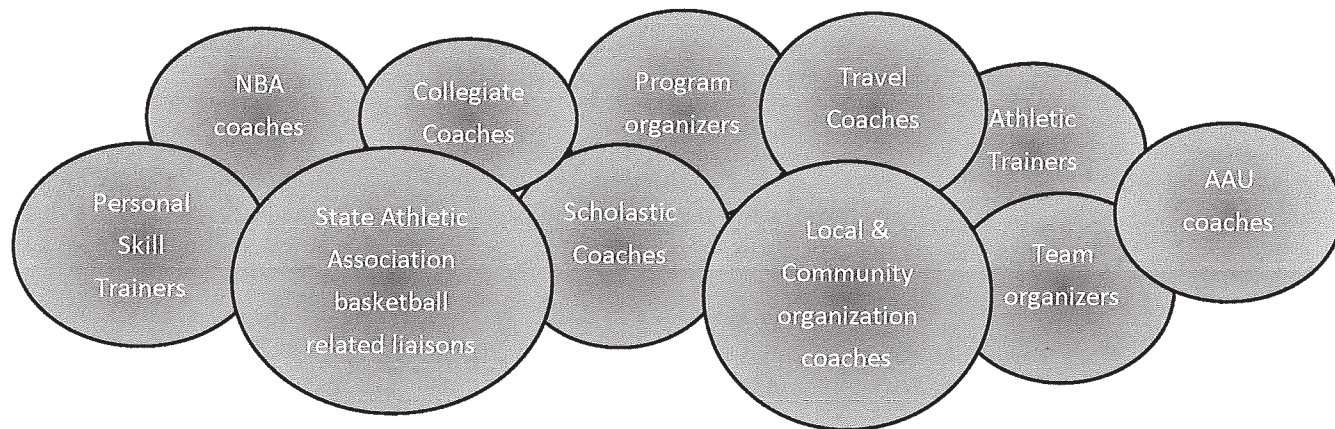


Provided by Matt King, Arizona Basketball Coaches Association

Additional questions to ask any coach/trainer/organization: provided by Greg Flynn, Basketball Coaches of NY

1. Is this person someone your school coach knows/trusts/communicates with? If not, are they willing to?
2. Is this person a high character individual with a good reputation locally? Are they willing to let you talk to their current clients about their experience?
3. Will this person be conducting sessions in small groups/individually or are they just trying to fill a gym to maximize revenue? If it will be small groups training, what will the variance in player attributes be (size, gender, age, skill level, etc.)?
4. Do they have experience training players of the same age, size, skill level, etc.
5. Are they making promises/claims (scholarships, playing time, starting role, etc.) if you train with them? If they are, are they willing to put those promises/claims in writing?
6. What kind of feedback and growth measurements will they provide you? Will there be a long-term plan, or just a series of workouts?
7. Where will training be located? Will it be a consistent location, or will it be floating based on availability? What is their cancellation policy (whether they cancel or you have to)? Do they work with another trainer who can fill in if they have a conflict arise? How do the questions above apply to that trainer?
8. How is my child's confidence and self-esteem going to be impacted by joining this team? Will my child be treated with respect and grow as a person?

J. Individuals involved with the sport of Basketball



As players and parents, you will want answers to the following types of questions: Are they Trained? Certified? Licensed? Approved? Making money from their work with youth basketball? Background checks? (Reminder an individual must be USA Basketball Certified to work NCAA events)

K. NBA and USA Basketball announce guidelines for youth players

From the NBA

The NBA and USA Basketball have teamed up to develop the first-ever youth basketball guidelines aimed at improving the way children, parents and coaches experience the game, with a specific emphasis on promoting player health and wellness.



These guidelines have received the endorsement of youth-focused organizations that collectively reach tens of millions of youth, including Boys & Girls Clubs of America, YMCA of the USA, National Recreation and Parks Association, JCC Association, National High School Basketball Coaches Association, and Positive Coaching Alliance. The NCAA also supports these guidelines as being in the best interest of the sport and the health and well-being of the youth basketball community. Additionally, these guidelines have received the endorsement of Adidas, Nike, and Under Armour.

In the spring of 2016, the NBA and USA Basketball established three expert working groups focused on the following areas: Health and Wellness, Playing Standards, and Curriculum and Instruction. Their work was endorsed by the Jr. NBA Leadership Council, which is chaired by Retired U.S. General Martin E. Dempsey and consists of prominent basketball influencers and stakeholders.

The Health and Wellness working group drafted a scientific paper that makes eight key recommendations for promoting a positive and healthy youth basketball experience. Highlights include:

a. Delay single-sport specialization in the sport of basketball until age 14 or older

Participation in multiple sports in early childhood is beneficial from a player health and player development perspective. Athletes that reach the highest level of achievement are more likely to have played multiple sports at a young age and delayed single-sport specialization until late adolescence.

a. Limit high-density scheduling based on age-appropriate guidelines

High-density competition scheduling can increase risk for injury and burnout. Parents, coaches and event directors should be cautious in considering tournaments that schedule multiple competitive events (i.e., games) in short periods of time.

b. Ensure rest from organized basketball at least one day per week, extended time away from organized basketball each year, and adequate sleep each night

Daily rest is important for injury prevention, sport development and overall health. Rest days should be taken each week, and extended time off should be taken each year for physical recovery as well as to recharge oneself psychologically. Such an approach, along with getting the recommended amount of sleep, helps to maintain motivation for continued participation.

For detailed suggested and maximum participation recommendations, rest guidelines, and the suggested player segmentation model, visit www.youthguidelines.com.

About the NHSBCA

The National High School Basketball Coaches Association is an umbrella organization uniting the over 30 states that have State Basketball Coaches Associations to work for the betterment of the game. The NHSBCA is the national voice for high school basketball coaches, working to foster high standards of professionalism and to support coaches. The NHSBCA also welcomes representatives from States that do not have basketball specific organizations. The NHSBCA works with other organizations involved with basketball such as National Association of Basketball Coaches, Women's Basketball Coaches Association, NCAA, NJCAA, USA Basketball, Amateur Athletic Union, and the National Federation of High School, among others.

To see a list of references, visit: <https://nhsbca.org>

Questions or comments contact Dave Archer: bcanyinfo@gmail.com

Written and organized by Dave Archer, NHSBCA Senior Director of Operations, with help from NHSBCA Board members including Greg Grantham, Tom Hursey, Matt King and NHSBCA President Nalin Sood. Also Greg Flynn of the BCANY. Artistic Design by Thérèse Boyle.

WBCA TEAM FIRST AWARD

The Wisconsin Basketball Coaches Association wants to help you honor your players that put your TEAM FIRST! All members of the WBCA will be supplied with a template certificate that you may print out to complete to honor your players at your team end of the season banquets.

This award is perfect for those team players that show up to practice every day and do what is asked of them and more to help the team succeed. This player is probably not your typical starter, best player, or all-conference player. This player is someone that might not get as much

playing time as other players but is always on time to practice, gives 100% effort in every drill, never complains, has a great attitude, and always puts your team before him/her self.

You must be a member to receive this template at the end of the season. All members will be emailed the template. Visit wisbca.org to become a member!



WBCA STATE QUALIFIER BANNERS

The Wisconsin Basketball Coaches Association wants to honor the teams that make it to the State Tournament but do not make the Championship Game. First and Second place walk away with Championship balls and medals, Third and Fourth place go home empty handed.

The WBCA will send all member schools State Qualifier banners for their achievement of making the state tournament. The WBCA will pay for the cost of the banner and shipping for all future State Tournament Qualifiers.

Previous banners can be purchased for \$75 (free shipping) by contacting elayna@justagamefieldhouse.com or calling Elayna at Sports Impressions (608)-254-4919.

You must be a member before the State Tournament to receive the State Qualifier Banners at the end of the season. Visit wisbca.org to become a member!



WBCA SPONSORED EVENTS COMING UP

The WBCA has a couple of great events coming up which are both fund raisers for the coaches association.

- **WBCA Girls Grade School State Championships- Feb. 24-25**
- **WBCA Boys Grade School State Championships- Mar. 10-11**

This year will be the 5th annual event and has been changed from a one day to a two day event. The WBCA will profit \$40 per team that enters. It is open to all school based teams for both boys and girls from 3rd through 8th grade. Teams will be divided into divisions in relation to the number of entries. Each age group could have anywhere between 1 and 5 divisions. Pool play will mainly be held on Saturday, with bracket play on Sunday with Champions crowned on Sunday afternoon. Games will be held at Justagame Fieldhouse and area gyms. The dates for the two events are:

All teams are welcome. No invite is needed. As of this writing we have 82 boys teams entered and 60 girls teams entered. Space is limited. Please enter your teams soon. Visit www.justagamefieldhouse.com to enter!

Jerry Petitgoue Invite

This annual event held in June is by invite for the top boys and girls teams in each division in the state. If you feel your team will be a top team in your division please contact Coach Petitgoue or Kyler Royston at Justagame.

Hall of Fame

We are currently pushing to get new stories up in the Hall of Fame. We have added a couple in the past few months. If any of you know of a story that should be displayed in the Hall of Fame please contact Dave at Justagame.