

TIME OUT



WISCONSIN BASKETBALL
WBCA
COACHES ASSOCIATION

THE OFFICIAL NEWSLETTER OF THE
WISCONSIN BASKETBALL COACHES ASSOCIATION
NOVEMBER 2017



MACC FUND

The WBCA has proudly supported the MACC Fund through our all-star games since their inception in 1978. In those 41 years we have raised over \$2.6 million dollars. You can find out more about the MACC Fund by visiting their website: maccfund.org

OUR SYMPATHIES

It is with a sad heart that we announce that Jane Uppena, wife of longtime Cassville coach and Executive Board Member Dennis Uppena, passed away on Friday, November 24th after a long and courageous battle with cancer.

Jane was co-chair of the Hall of Fame tickets for the inductees and their families. She was one of the sweetest ladies and will be missed by the organization.

Anyone interested can send a card to Dennis Uppena at 5379 Far-Nuf Rd., Cassville WI 53806

--Jerry and Joan Petitgoue

FAST BREAK NOTES

MEMBERSHIP

As of now our membership is 3,800. If you have not done so, please renew your membership. Strength in numbers has allowed us to be in the top three states in total membership.

GOOD GUY AWARD

The award goes to Eli Crogan. Eli heads up our mentor program and is chairperson of our Mr. Basketball award. Thank you, Eli! All that you do is appreciated.



FALL SHOWCASE

The WBCA Fall Showcase had over 300 boy and girl varsity players participate at JustAGame Fieldhouse on September 23. It was excellent basketball and Coach Brad Bestor should be congratulated for running a first class event.

NHSBCA

The WBCA was represented at the NHSBCA meetings in Indianapolis on July 10, 11 and 12 by WBCA Executive Director, Jerry Petitgoue, and Assistant Director, Ken Barrett. The NHSBCA was started 12 years ago with 6 states attending. The NHSBCA now has over 32 states as members. The purpose of the organization is to work together to improve high school basketball throughout the country.

2017 HALL OF FAME AND AWARDS BANQUET

The 2017 Hall of Fame and Awards Banquet was held on Saturday, September 30th at Glacier Canyon Lodge of the Wilderness Resort in Wisconsin Dells. There were over 800 in attendance. Twenty-nine high school coaches, assistant coaches, college coaches, referees, friends and boy and girl players were honored in the categories listed for induction into the WBCA Hall of Fame. Awards were also presented in the 300 through 900 wins' category, longevity awards for 25 and 35 years, state champions, tribute awards, achievement awards, the "Eli and Karen Crogan Humanitarian Award", the "Steve Randall Award" and Assistant Coach of the Year Awards. The evening culminated with an award ceremony and video that honored each of the twenty-nine inductees. It was an evening to remember!

2017 FALL CLINIC NEAR RECORD TURNOUT

The WBCA Fall Clinic turned out as one of the most attended and successful clinics in its history. The confines of JustAGame Fieldhouse allowed for over 900 attendees and a record number of vendors. A big "thank you" to Jon Nedelcoff, Jim Blaine and Jay Benish for organizing and running this clinic.

WBCA CORPORATE SPONSORS



FAST BREAK NOTES CONT

RUMOR

Rumor out of Cuba City is that Bob Knight (former Indiana coach) has agreed to speak at next year's clinic. Stay tuned!

SHOT CLOCK

We have had a long discussion on the shot clock. The WIAA Board of Control will make the final decision on December 1st. Whatever they decide, we, as high school coaches, will accept. It is my hope that, once the decision is made, we all get behind that decision and continue to make basketball the best for our student athletes.

MACC FUND DONATION

Because of the WBCA All Star Games, the WBCA gave the MACC Fund a check for \$150,000, which makes our total donation close to \$2.5 million. All members of the WBCA should be so proud!

HAPPY HOLIDAYS

On behalf of the WBCA, Joan and I would like to wish everyone a very "Happy Holiday"!



PRESIDENT'S MESSAGE

Welcome to the 2017-2018 hoops season!

The WBCA had a very busy fall. I'd like to thank all the people involved with the Girls and Boys Prep Showcases, Fall Clinic, and Hall of Fame Banquet. I received a lot of positive feedback about the fall clinic and the opportunity to learn from so many of our knowledgeable high school and college coaches. There was also great collaboration at the post-clinic gathering at Buffalo Phils! A big thank you goes out to all of our sponsors! Joan Pettigou assembled another amazing evening for our Hall of Fame banquet. It was an honor to sit at the head table, participate in an evening rich in Wisconsin basketball history and tradition, and recognize all of the award winners and inductees. Congratulations again to all of the award recipients. A special thank you to Jim Jones for capturing all of these events on camera!

It is an exciting time of year as we kick-off our seasons. Please make sure to take a look at the other articles in this newsletter for important information about basketball in WI. I also encourage you to frequent the WIAA website (www.wiaawi.org) and WBCA website (www.wisbca.org) throughout the season for continued updates and helpful coaching information. I wish you all the best as your practice plan, scout, break down game film, and coach up your kids this season. Thank you for your time and dedication and all you do to grow our game! If you know of a coach that is not a part of the WBCA, please encourage them to get involved!

Resources/Ideas

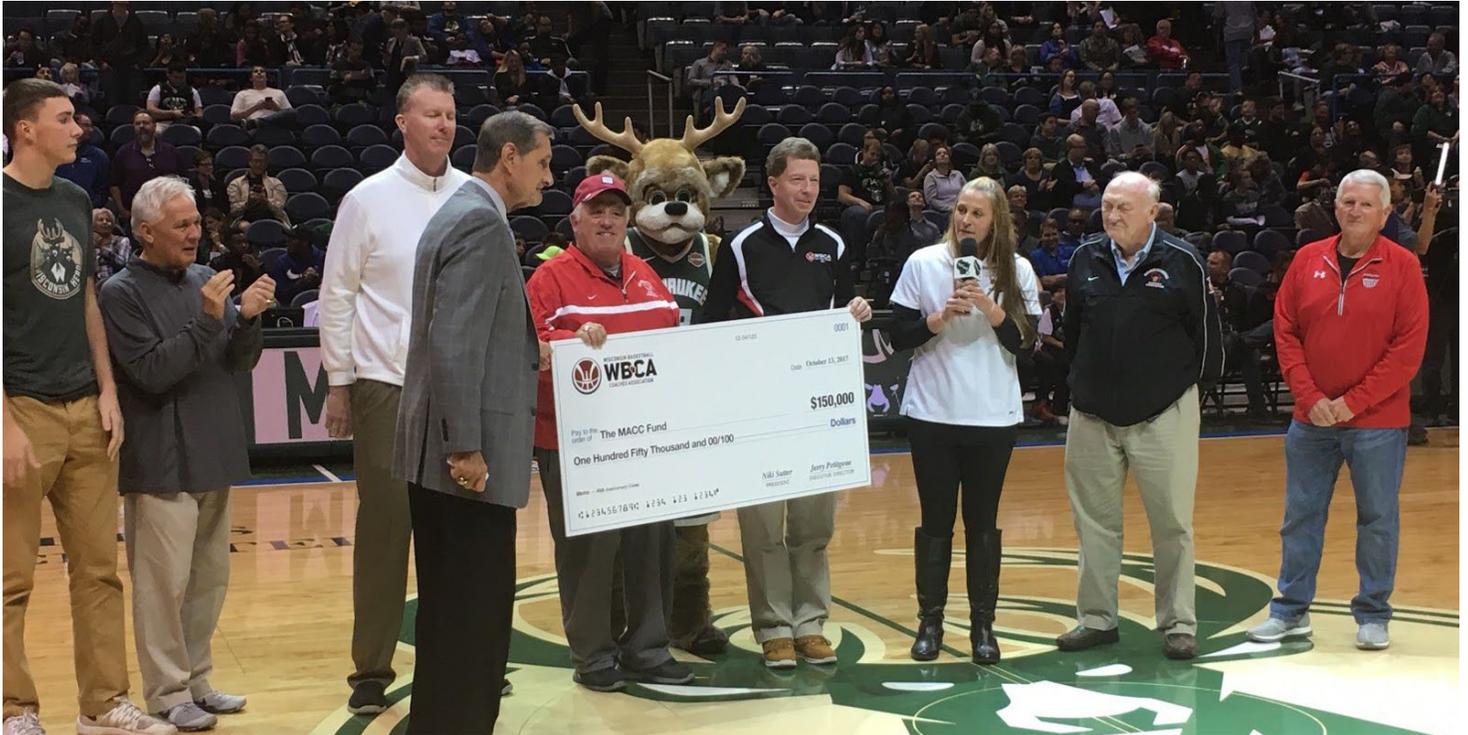
- Put together a short, simple newsletter (i.e. Coaches Corner) for your youth coaches
- Incorporate a leadership program or curriculum with your student-athletes (leademup.com)
- Attend other events that your student-athletes are involved in
- <http://team.fastmodelsports.com/2015/11/13/drills-to-start-practice/>
- <https://basketballhq.com/best-basketball-coaching-books>

Yours In Hoops,

Niki Sutter

WBCA DONATES \$150,000 TO THE MACC FUND

On Friday, October 13th, members of the WBCA Executive Board, along with Alex Van Dyke (a former WBCA All-Star, current UW-Oshkosh men's basketball player, and cancer survivor) had the distinct honor of presenting MACC Fund President Jon McGlocklin with a check for \$150,000 at halftime of the Bucks game. Next to the Milwaukee Bucks, the WBCA is the longest standing sponsor of the MACC Fund. The WBCA celebrated its 40th year as a partner with the MACC Fund, and we couldn't be prouder to be involved with such an amazing organization. We would also like to recognize and thank John Cary, the MACC Fund's Executive Director, and a WBCA Executive Board Member, for his passion and commitment to both organizations. Throughout the history of the partnership, the WBCA has donated over \$2.5 million. Our donations each year have contributed to critical research funds, and we have seen the 5-year survival rate of childhood cancer and blood disorders increase from 20% to 80%! Every WBCA member should be proud of this! Thank you for helping give hope to the children!



MACC FUND DONATIONS:

2011	\$118,000
2012	\$125,000
2013	\$130,000
2014	\$115,000
2015	\$125,000
2016	\$140,000
2017	\$150,000

MACC FUND

The WBCA has proudly supported the MACC Fund through our all-star games since their inception in 1978. In those 40 years we have raised over \$2.5 million, including \$150,000 this past fall. You can find out more about the MACC Fund by visiting their website: maccfund.org.



**MACC
FUND**

Hope for Kids

2017-2018 WBCA MEMBERSHIP UPDATE

The Wisconsin Basketball Coaches Association added a new membership package this year that has driven our membership numbers higher than ever before. The new package offered allows up to 15 coaches of any gender or level from the same program, as well as the Athletic Director, to become members for \$160. As of Monday, November 13th there are over 3,800 members and we expect to have over 4,000 members by the end of the year.

Within the next year we plan to make improvements to our website that will enhance the user experience and make navigation easier for our coaches and all visitors. We are always looking for great basketball-related stories that come from your community, past or present. If you have a story that you think would be a valuable piece of information for our website, please send the article and any necessary information to jade@justgamefieldhouse.com.

PRACTICE PLANNING

By John Miron

Formulating a daily practice plan is an important part of any coach's blueprint for a successful season. As high school coaches, it can often be difficult to find the time to make out an organized and useful plan. A couple of tricks I've learned over the years are to sit down with your staff after practice and discuss some priorities for practice the next day. This can also be done after games and I've found it very useful and time saving to have an outline of ideas to use when I formally make out the next day practice plan. It also helps to have a drill list that you can draw from to make sure you have a balanced plan that addresses your team's immediate needs.

There are many items that should be considered when making out a daily plan. First, how are you going to utilize your practice time and what type of practice are you looking for? A day before game practice looks much different than a practice three or four days before a contest. I believe it is also essential to look at the time of the year, so typically we chop fifteen minutes to half an hour off our time to save our players legs after we return from the New Year' holiday. It is my belief that each practice should have an emphasis and that emphasis should be communicated to the players in your pre-practice talk. This puts players into the right mental frame and they know what you want and why you want it. This emphasis again, is a discussion with your staff and the type of team you are playing and what your evaluation is of what your team needs. Player input is, I have found, also very valuable and really helps with the buy-in aspect by players for a truly successful practice.

Another aspect of good practice planning is dividing your practice into sections and setting a time limit for each section. Some coaches have found running the clock to keep track of time and others use a stop watch. I have rarely found it useful to beat a drill into the ground so, move on and stick to your plan! Starting with a pre-practice talk helps to build relationships, relax the players and setting an emphasis for the day is a great way to start. Secondly, warm your players up through either light drills or stretching to get the body warm and loose. It is always important to have a segment of shooting drills which are in line with your offensive philosophy. An example is, I really value drills that get a player to catch and rip, one hard dribble and shoot. This is a part of our offensive philosophy that we believe in. It is also important to breakdown between perimeter and big men to get them the proper drills along with shot opportunities that they need in your offense.

As you head into the heart of your practice plan, defense is a great way to begin this segment. Defensively, we like to work on footwork and close outs each day, so it is important to have a couple of different ways to accomplish these skills. We like to also build up from one on one and two on two drills and up, until we end with five on five essentially to put it all together. This should always be an intense part of practice. Offensively, we feel shooting drills that simulate the type of shots we want our offense to generate are a must. We also feel it is very important to incorporate at least two half court finishing drills along with one full court drill to show the value of finishing at the basket. It is also essential to have a segment that goes over out of bounds plays as well as special situations such as last second shots, press breakers and zones. Make sure to utilize even five minutes a day for special situations as each day adds up to solid time put into the little things needed in tight games. A post-practice talk is very important as well and communicates to the players your evaluation of the practice. It also helps to ask the players what they thought of their effort and execution. It is also an excellent time to communicate bus times, eating and sleeping habits and any scheduling updates.

Finally, a well-organized and thought out practice plan communicates to your players the importance you place on practice, as well as what you want your program to stand for. This is essential to maintain focus and discipline as your season unfolds. Best of luck to all of you!

KERR: MORE ACCURATE BALL MOVEMENT NO PASSING FANCY FOR WARRIORS

The Warriors are watching film, looking at some bad passes that resulted in missed shots but also good ones that helped a shooter complete his mission. They're doing drills, right down to some of the most basic basketball fundamentals beginners are taught at an early age. They're listening to Kerr preach the gospel of his old-school taskmaster and No. 1 coaching mentor, Winter, Phil Jackson's Hall of Fame right-hand man on the bench in both Chicago and Los Angeles for the 11 NBA titles to his credit.



Spot shooter Klay Thompson could get more passes "in the pocket" this season as the Warriors emphasize passing accuracy to their shooters during training camp.

"I'm a Tex Winter disciple, and in Chicago, I'll never forget one of my first practices with Michael (Jordan) and Scottie (Pippen)," Kerr said. "Tex had us line up at half court throwing two-hand chest passes back and forth to each other, one-handed passes, left-handed bounce passes. You're thinking, 'What is this, third grade?'"

"But there you've got the two best players on Earth throwing passes back and forth to each other. It's a good reminder that fundamentals matter, no matter how old you are or how good you are."

Even beyond the specific drills and film sessions the Warriors have introduced in camp, Kerr said coaches are "harping on the accuracy of passes as we go through practice. No matter what we're doing, there's passing involved, so we're talking about that accuracy constantly."

At least in some cases, the coaches are preaching to the choir. Draymond Green, for starters, thinks his passing could get a lot better in terms of accuracy despite being the second-best frontcourt assist man in the league (7.0 per game) behind LeBron James last season.

It's definitely something I know I need to get better at ... I don't really need to see any tape," Green said. "I think it's very important. With the shooters we have, if you deliver the ball on time and on target, it keeps them in rhythm, as opposed to if you throw the ball and it hits somebody in the ankles. It may take them out of rhythm."

For Kerr, it's simply taking better advantage of the Warriors' built-in ability to move the ball as well as they do.

"I would say we're the most unselfish team around, but we're probably an average passing team as far as fundamentals," he said. "Our guys see everything – they move, they pass, they cut, they are totally unselfish. But you can see on tape a lot a guys will catch the ball and it's at his shoelaces instead of in his shooting pocket. There's a dramatic difference in makes and misses when you make a bad pass or a good pass."

Even though the Warriors led the league in scoring (115.9) and field goal percentage (49.5) last year and were third in 3-point percentage (38.3), Thompson has no problem whatsoever with looking at ways to improve on it.

"Some may say coach is nitpicking, but he expects perfection and we want to be champions again," he said. "You have to be near perfect to be champions. It's a long, hard road."

UPDATES ON THE SHOT CLOCK

The most recent timeline regarding events directly related to the shot clock are as follows:

- **Dec 1, 2017** WIAA Board of Control will decide the fate of the shot clock once and for all. The Board will vote to do one of 3 things: either retain, revise or rescind all together the shot clock rule change.
- **Oct 6, 2017** WIAA Board of Control discussed their decision on implementing the shot clock for the 2019-20 season at the Varsity level after strong opposition from the Athletic Directors and Principals during district area meetings. Ultimately, the BOC decided to table the final decision until more information could be gathered and evaluated for the December 1 meeting.
- **August 22, 2017** The WIAA Board of Control voted 9-2 to not revisit the decision from its June 22 meeting to implement a 35-second shot clock in basketball beginning with the 2019-20 season.
- **June 22, 2017** WIAA Board of Control votes to add a 35 second shot clock to varsity girls and boys games for the 2019-20 season by a tally of 6-4
- **May/ Early June 2017** Recommendations made by the Basketball Advisory Committee were voted on by Sports Advisory Committee (Athletic Directors) Voted 2-12 Against.
- **April 5, 2017** WIAA Basketball Advisory Committee unanimously passed a motion to recommend the use of the shot clock for the varsity games only beginning with the 2018-19 season. (Note it was finally acted on after years of discussion --since 2007)

What does all of this mean.... Well, if you are in support of the shot clock **IT NEEDS YOU!** We need coaches to be strong advocates for its implementation. Remember the reason the WIAA Board of Control is reconsidering the shot clock rule is because those against it have been the loudest. It is time for those that are for it to rise up and let your voice be heard also. We have less than a month to reassure the WIAA Board of Control they made the correct decision the first time around on June 22nd and the second time around when they voted overwhelmingly on August 22nd not to revisit the shot clock. How can you do this? I strongly recommend the following be done in a respectful, well thought out way:

#1 Reach out to your own athletic directors, principals and superintendents with the goal of discussing and then convincing them, if needed, to support the implementation of the shot clock.

- These are the groups that have been identified as having the loudest voices throughout this process.
- Have them write their own email of support, with you cc'd in to verify it occurred. If your athletic director, principal, superintendent is not in favor, don't give up!
- At the very least get them to sign a document that you can send via email acknowledging they are going against your wishes and your athletes wishes (if this is also true). In addition, if it can be positioned correctly, include the positives and possible drawbacks that were discussed and agreed upon by the aforementioned people about the shot clock.

#2 Send the WIAA Board of Control & the WIAA Executive Director an email in support of the shot clock.

- Include in your email compelling reasons why they should vote in favor of continuing its implementation as well as coming up with possible solutions to the identified reasons against.
- This should be sent to the entire board, as well as I encourage each of you to personally reach out to the Board member that represents your area of the state.

#3 Ask your athletes to write an email if they want the shot clock.

- This can be done individually and / or as a team. It is vitally important that they do so in a respectful manner.

#4 Reach out to those community members that would like to see the shot clock implemented from a fan's perspective and have them write email or letter to the WIAA Board of Control, their school superintendent, principal and athletic director.

#5 Have the coaches in your conference sign a document collectively that shows support for the shot clock.

#6 In addition reach out to others you know that are in support of the shot clock and have them write an email. (Examples: officials, friends in states that already have it, collegiate coaches to name a few.)

- #7 Complete the WBCA Survey that will be coming out the week of November 13 associated with the Shot Clock.**
- #8 Create a positive buzz associated with it. Don't allow the anti-shot clock talk to be the only voice people hear. I believe it is the minority, it's just that at this time they have barked the loudest to get the attention. Pro shot clock people the time is now to rise up and let your voice be heard.**

Finally, being a head varsity coach myself, know that it is a busy time of the year with the our season just starting, but this is exactly the time that collectively we need to be heard. We need to assemble the masses and devote time to help ensure the shot clock rule goes into effect as scheduled. If you have any questions or are in need of assistance with the above, feel free to reach out to myself Lora Staveness at lora.staveness@edgewoodhs.org as I am more than willing to help in any way.

The shot clock issue will be front and center during the December WIAA Board of Control meeting. I am hoping that if any of you receive surveys or questions from your respective professional boards/associations, or the WIAA, that you would speak in favor of implementation beginning in 2019-20 as was previously decided.

As a member of the Wisconsin Basketball Coaches Association executive board, I am well aware of how controversial the issue has become. However, it has been my contention from the announcement to implement last spring that arguments against implementation are weak and based more on what is the easy thing to do as opposed to what is in the best interest of student-athletes.

Having coached and served as an administrator at a poorly funded junior college I can tell you that the use of a shot clock, finding someone to operate as well as maintain it, is not as big of an issue as it is being made out to be.

Despite the budget issues they routinely encounter, all of the UW system 2-year campuses found ways to purchase and maintain shot clocks. We were also able to train 18 and 19 year old students, who had little understanding of the game of basketball, how to run them and do so with minimal errors.

The use of a shot clock will make the high school experience way more enjoyable for student-athletes and put more control of the game in their hands. The armchair psychologist in me thinks that is why some coaches are against it. They don't want to give up control and allow their student-athletes the freedom to make more of their own decisions.

Lastly, I think in the long run the biggest impact will be felt in girl's basketball. It is my opinion that as the game becomes more up-tempo and dynamic that more girls will want to continue playing into and through their 4 years of high school.

I am hoping you might use any opportunities afforded to you to show support for implementation beginning with the 2019-20 season. If any of you would like to discuss this issue further please contact me. I would welcome the dialog.

– Lee Rabas, Head Boys Basketball Coach
Neenah High School

NINE REASONS TO BECOME AN OFFICIAL

By Terry Erickson, WBCA Executive Board

I have been fortunate to have officiated high school and college basketball for over 40 years. During that time, I have always felt that there are many good reasons to become a sports referee. Here are a few of my favorites.

LOVE OF THE GAME

To me, it begins here. You have to really love the game and appreciate what it takes for an athlete to excel. Every sport requires a unique set of skills and talents to reach peak performance. For one sport, it may be size and strength; for another speed and quickness; still another may reward unique coordination and technique. Whatever the case, to enjoy watching the athletes compete is the first criteria.

RESPECT FOR PLAYERS

Remember, the game is for the players. They gain the most when it is officiated fairly and within the rules. When every player has an equal chance to compete and be rewarded for their efforts, the officials have done their job well. We owe it to the players to do our best, EVERY GAME.

OPPORTUNITY TO GIVE BACK TO THE COMMUNITY

In most every sport, there are many opportunities for a referee to donate his or her services. Whether for a local fundraiser, youth sports groups, or Special Olympics, you don't have to look too far for places to support a worthy cause through officiating.

CHANCE TO STAY INVOLVED

Most officials played their sport at one time. Some probably still do, but perhaps not as competitively. Being a referee keeps you involved. It puts you right back into the action and gives you a part in the game that you will never get as a spectator.

PHYSICAL CONDITIONING

Some sports require the referee run at essentially the same pace as the players, constantly moving to create the best angle to see the play develop. And, sometimes that pace can be rigorous. To be a top notch referee means getting into condition and staying that way throughout the season.

MENTAL CONDITIONING

Refereeing keeps the mind sharp. Whether you work basketball where you move along with the players, or volleyball officials watching from a set location, acute mental focus is a must. The ability to block out distractions and concentrate on the athletes exercises the mind.

CHALLENGE

Refereeing is a challenge. From passing the exam, to advancing to higher levels, to getting the best assignments, to doing a good job under pressure. These are challenges for every official. And when these goals are met, it creates a great deal of satisfaction.

FRIENDSHIP

There is a kinship between referees that is hard to find elsewhere. During any athletic contest, the players are supported by coaches and fans. Referees have only each other. This reliance, the working as a team, creates a unique bond that goes well beyond the game itself.

MONEY

My very first referee instructor used to say, "If you are in this just for the money, you're in the wrong job." I believed this then, and I still believe it today. However, for a part-time job, the rate of pay is more than acceptable. And, when you consider all the benefits listed above, for the ex-athlete, becoming an official is as rewarding an avocation as you will find.

Enjoy the 2017-18 season.

MESSAGE FROM RANDY & RICK STORLIE

On September 30, 2017, my twin brother and I obtained a milestone that we never dreamt of achieving when we began our coaching careers thirty-five years ago. We were so thrilled and honored to be inducted into the WBCA Hall of Fame. It was humbling to have a group of coaches, whom we have admired and respected throughout our careers, assisting with the induction ceremony.

I can't express how special this was for us as we were joined by our families, former players, friends, fans and assistant coaches, but the best part was I got to share this with my brother. Growing up together, being twins, you develop a special bond that goes beyond the typical sibling relationship. It's deeper than that... you know exactly what the other is thinking or feeling. It's like your other half in many cases. I think that's why our coaching styles are so similar yet so different. I'm a little more offensive, Rick is a little more defensive but we are both all about our teams and sharing the joy of the game of basketball. For both of us to enter the Hall of Fame is something, to do it together is unbelievable and we have not fully comprehended it yet.

Having our parents involved and presenting our awards to us was totally unexpected and heartwarming. Thank you for such a gracious touch and experience, it meant the world to us.

The Hall of Fame Banquet is really something special and I wish every coach would get to experience it sometime in their career for their coaching milestones. Everyone involved puts so much time, effort and resources into it to make the banquet a memory for you and your family. We will have it for the rest of our lives. We would like to thank the WBCA, Jerry and Joan Petitgoue, Dennis and Jane Uppena and all that were involved with this prestigious event. We are honored, humbled and cherish every moment of that day!

Randy & Rick Storlie
2017 Hall of Fame Inductees

COACHING A DIVISION 1 PLAYER

By Michael Schalow

Having had the pleasure of coaching a Division 1 college basketball signee can best be described as having opportunities: the opportunity to be a good team on the court with an enormous amount of exposure, a chance to play in big venues and invite only tournaments, additional media expectations and responsibilities, a large fan base and playing in front of larger crowds with many people looking for pictures and autographs. This list can go on forever. More importantly it is an opportunity to embrace every aspect of this experience because it doesn't happen often and certainly not with a player the caliber of Jordan McCabe.

Jordan is an outstanding player and more importantly a special person. Jordan has and continues to represent Kaukauna Basketball in a way both on and off the court which represents our community and school district with great pride. The first thing that is very evident is that Jordan is the hardest worker I have been around. It is not a sometime thing; it is a daily thing. His commitment, dedication, and work ethic is second to none. He displays a level of confidence that many who don't know him might feel is cocky or arrogant. However, it is instead his self-confidence, will to win, and desire to be the best he can be every day. He is driven to be successful and willing and wanting to be coached. What Jordan provides is a unique skill set that allows his teammates and others around him to grow and be better.

Off the court Jordan is an outstanding student and a great leader in our community, which most recently can best be demonstrated by his role with Hoops2Help and the fundraising efforts for people in need. It is an absolute pleasure to have Jordan McCabe in our program and the opportunity to have coached Jordan. His genuine character is the epitome of a high school division 1 athlete and we are so fortunate to have him in our program and with us for another season.

MESSAGE FROM ROB HERNANDEZ

Greetings from California where I am watching with interest your ongoing discussions about whether or not to bring the shot clock to high school basketball in Wisconsin. I have had many discussions in person (during a recent return trip to Wisconsin to cover the state girls golf tournament) and via social media on the topic because I have a unique perspective on it.

After a lifetime of writing about, broadcasting, coaching and watching games without one while in Wisconsin, I inherited the shot-clock concept when we moved to southern California in the summer of 2016 with one daughter still playing high school basketball. We went from an ultra- successful program coming off a WIAA Division 1 state championship at Verona and, here at Chaparral HS in Temecula, walked into a struggling program that went 3-21 last season.

I'll never forget walking into the gym for our first game and seeing a square clock on the wall beneath the scoreboard and thinking "Oh boy! This isn't going to help our young team." I was surprised by the positive impact it had on our games in ways I never would have imagined.

Let me highlight some of them:

The Technology. I envisioned another device next to the game clock and the sound system (not to mention the scorebooks) at the table. At CHS, ours is simply a device plugged into the game clock console that is essentially run by the clock operator and reset by a person you would loosely identify as the shot clock operator. All that person does is push the button after every made shot, every missed shot that draws iron or any time the official gives that signal we've all feigned when someone is called for a kicked-ball violation (triggering a reset). Once in motion, the shot clock starts and stops with the game clock until it needs to be reset.

The Operator. Like many who have complained about the potential cost impact of an additional table worker, I figured -- especially in a state that gave us the Big Baller shoe line -- that a PhD in basketball might be expected of the operator of the shot clock. Hardly! Our school requires a minimum of 40 hours of community service over four years to graduate and our shot clock was typically administered by a student in need of those hours who was trained in when to reset the shot clock and how to do it. We rarely had a problem and, the handful of times that we did, the game officials would briefly stop action and ask the clock to be reset to the proper time.

The Execution of the Offense. I've seen much said on how placing a time limit on each possession will result in more rushed shots and sloppy execution at the end of possessions by teams that might not be equipped to "beat the clock." Even with our young team, the shot clock encouraged the five players on the floor to run the offense quickly and efficiently. There will be a learning curve in some situations -- i.e. recognizing when the shot clock doesn't reset after the ball is knocked out-of-bounds and the need to get off a quick shot after the ball is inbounded -- but players will develop a sense for when they need to create a quick shot. On this point, the quality of the shot continues to be based on the skill set of the team, not the time on the clock.

The Officiating. I never realized how much pressure we put on our officials in Wisconsin with the volume of work that goes into calling a game without a shot clock. The armbars by the defender in the post. The hand-checking and reach-in calls trying to disrupt/stop a long possession on the perimeter. The five-second closely guarded situations. The 10-second backcourt count-down. We have spent several years legislating those situations with "points of emphasis" and, out here, many of those problems were solved with a shot clock. The offense ran its plays and the defense reacted to the faster pace, specifically with the movement of the ball and the attacking of the basket. There simply wasn't time for the defensive player to "get physical" with the player he/she was guarding (by the way, varsity boys games follow varsity girls games during what we call conference games) because the offense had to be run quickly and efficiently. For the record, games out here are officiated mostly with two-person crews.

The Cost. I know you have all done your due diligence on this topic and have compared and contrasted the price tag of a shot clock to many of the things that we, as parents running our booster clubs, have been asked to cost-share with our districts or foot the bill ourselves (i.e. scoreboards, scorer's tables and rebounding machines to name a few). What I will share with you is

that we play in maybe one facility that is as lavish as a Sun Prairie, a Middleton or a Watertown and, despite most gyms having basic scoreboards, all found a way to implement shot-clock technology, suggesting that open minds and creative fundraising prevailed.

Having witnessed two of the more egregious examples of what can happen without a shot clock -- Mukwonago holding the ball for 3½ minutes against Verona in the 2016 Division 1 girls state championship game in Green Bay and Sun Prairie holding the ball for nearly 3 minutes of a January girls game in Verona that same season -- it's clear there needs to be a deterrent to keep coaches from resorting to extreme clock management practices to shorten games games and level the playing field, especially when so many eyes are on our product. A shot clock seems a logical option based on its success at other levels of basketball and, as I have seen here in California, other states that use it for basketball at the high school level.

Thanks for taking time to consider my perspective!

Rob Hernandez
Former prep sports editor, Wisconsin State
Journal (Madison)

#ONEMOREYEAR

Deb Hauser, Associate Director, WIAA

This will be my final year with the WIAA and my 15th year as the person in charge of boys and girls basketball for the WIAA. It has been a great run, but time to move along and allow someone new to come in and continue to move the sport of basketball forward. The application deadline has passed and the process to review applications and schedule interviews will be happening in the next couple of months.

At the December I Board of Control meeting, a decision could be made regarding the status of the shot clock. In June 2017, the Board of Control did approve the implementation of a shot clock,, at the varsity level, beginning in 2019-20. Since that approval, many administrators have voiced their concern with the financial implications involved along with finding additional staff to run the clock. Please watch for more information on this subject in the next couple of weeks.

A significant change this year will be that the four teams qualifying for State will participate in the seeding of the State Tournament field. The four coaches will participate in a teleconference meeting on the Sunday following sectional finals to seed their tournament field. We recently completed this in boys soccer and it worked very well. The #1 seed will play the #4 seed and the #2 will be play the #3 seed at the State Tournament. For many years, the public and media have been crying for us to seed the State Tournament --- and we will this year!

There has been a little confusion on the provision limiting players to 2 halves per night when only a half of a JV game is played followed by a full (2 half) varsity game. In some parts of our state, schools, with limited numbers at the JV level, are opting to play only one half (14 minutes) for their JV game. That's it --- one half. They then play a full (2 half) varsity game - for a total of 3 halves of play for the night. In this situation only, players are limited to participating in only 2 halves. When a full JV game (2 halves) and a full varsity game (2 halves) are played, players can participate in any combination of 3 halves for the night.

One other issue may be progressing through the committee structure in January --- a rural/urban plan that has been developed by members of the Board of Control to address the concerns which arose out of a membership survey conducted in the fall of 2016. The Board of Control will be discussing in December a revised plan that a group of Board members worked on that will address concerns that were heard at the fall Area Meetings. If the Board chooses to advance the idea, it will go through the committee structure in January with possible implementation in the 2018-19 school year. Watch for further details on this plan in the next couple of months.

So, we have several "hot topics" that should come to some sort of decision in the next weeks and months. Good luck to all teams and coaches this season --- let's again try to increase participation levels for both the boys and girls and continue to provide athletes with a positive experience while participating in high school basketball. Thanks for your efforts as a high school basketball coach --- hope you find it to be a rewarding experience.

HOOPS 2 HELP

Hoops 2 Help was created in 2013 by Jordan McCabe as a way to help others in need. Since 2013 Hoops 2 Help has held 4 events and raised over \$53,000! Hoops 2 Help events center around helping young players improve their basketball skills with a basketball skill clinic, which are free and open to all boys/girls grades K-12. The skill clinics include instruction/drills to improve jump roping, dribbling, shooting, passing. In addition, the events have other activities to raise money like raffles and bake sales.

The 2017 Hoops 2 Help event was held at Kaukauna HS on October 28th and raised \$25,000 that went to the MACC Fund, Macy Van Zeelans family, and Brody Schurk family. Macy Van Zeeland was diagnosed at birth with a chromosomal deletion disease (Vacterl) and sadly, her fight ended October 12th, she was 14 months old. Brody Schurk, 4 years old, was diagnosed with Wilms Tumor, a cancer of the kidney.

In addition to the skills clinic this past year the Hoops 2 Help added a HS Player Skill Show that featured boys and girls from all over WI. The Skill Show included shooting competitions with boy/girl teams shooting against each other, a Dunk show with the high-flyers, and up and down play featuring coed and boys teams.

You can see more information at www.Hoops2Help.org



The National High School Basketball Coaches Association is the National Voice of Action for High School Basketball Coaches

NATIONAL HIGH SCHOOL BASKETBALL COACHES ASSOCIATION

POSITION PAPER

A. Title/Topic:

Specialization of high school student-athletes in one sport

B. Suggested Stance/Position for the NHSBCA

It is the opinion of the National High School Basketball Coaches Association (NHSBCA) that the “specialization” trend in America (focusing development in one sport and eliminating participation in all other sports during a student-athlete’s high school years) is detrimental to the total growth of young people and opens up the potential for higher injury rates and stunted development.

C. Brief Background:

Currently in our country there is a movement on encouraging young student-athletes to focus on playing and nurturing development in one sport only and to eliminate participating in all others at their schools. The University of Wisconsin School of Medicine and Public Health (with additional funding from the National Federation of State High School Associations Foundation) recently completed a study revealing that high school athletes who specialize in a single sport sustain lower-extremity injuries at significantly higher rates than athletes who do not specialize in one sport. This study was conducted throughout the 2015-16 school year at 29 high schools in Wisconsin, and involved more than 1,500 student-athletes. The study also showed that specialized athletes were twice as likely to sustain a gradual onset/repetitive-use injury as athletes who did not specialize, and those who specialized were more likely to sustain an injury even when controlling gender, grade, previous injury status and sport. This University of Wisconsin study focused specifically on physical affects specialization causes. The NHSBCA feels that there is also a possibility of some psychological, emotional, and social developmental damage done to young people risking burn-out, alienation from peers, and a misconception surrounding their own personal importance in the school environment.

D. Rationale and other thoughts:

It is the opinion of the NHSBCA that the specialization of high school age student-athletes, based on a multitude of data and research, raises the potential for physical injury in these young people, as well as impeding their psychological, emotional, and social growth during their early years of scholastic competition, and should be strenuously discouraged whenever appropriate. We recommend that school districts create and disperse information on this subject, and make it mandatory for all students entering high school (along with their parents) to read and internalize this data before making well-informed decisions. This can be accomplished in orientation sessions prior to beginning high school. In addition, because most of this is brought on by the desire to receive athletic scholarships after high school, discussions and information sessions should be conducted (during these same events) regarding the opportunity for potential financial aid upon entering college. Naturally, every school will handle these procedures differently, but it should be imperative families confirm they’ve been made aware of this information and understand that there is a great amount of information on this “specialization” subject available to them. We further recommend visiting youthguidelines.com / a resource covering “healthy guidelines” for young people.

Date: July, 2017

Prepared by: Dave Ginsberg, Secretary, NHSBCA

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The National High School Basketball Coaches Association is the National Voice of Action for High School Basketball Coaches

NATIONAL HIGH SCHOOL BASKETBALL COACHES ASSOCIATION

POSITION PAPER

A. Title/Topic:

Ending Summer Recruiting

B. Suggested Stance/Position for NHSBCA:

The NHSBCA is against summer recruiting and would like to see it shift more towards the regular high school basketball season

C. Brief Background

Over the years, the summer recruiting period has seen a significant increase in the amount of non-scholastic teams that play during the off-season with the goal of getting their athletes to be seen as much as possible during the summer recruiting period. The NHSBCA would like to see this lessened or even stopped.

D. Rationale, other information

The NHSBCA would like to see the recruiting of high school basketball players be more emphasized during the regular high school season than the summer (July). As current and retired high school coaches comprise the NHSBCA membership, we would like to see the NCAA lessen the amount of open recruiting periods during the spring and summer and have the full open period during the high school season. The rationale behind this stance is based off a multitude of factors. College coaches when communicating with high school coaches are regularly going to be in touch with reputable coaches who have gone through background checks and professional development while also being held accountable by administrators and athletic directors that they are expected to be forthright and honest with student-athletes and their families. Non-scholastic coaches are not always held to these standards. Additionally, families are charged extraordinary amounts of money for participation on these elite teams, and people of questionable character are making money off families for false promises during the recruiting period in order to get the almighty dollar. If the main recruiting window is during the high school season college coaches can have the opportunity to evaluate these recruitable athletes in their basketball programs system. During this time there is greater emphasis on teamwork and accountability for their actions and behaviors. Further, even if the overall talent during high school games is not that of upper level AAU games, the fact that planning, scouting and strategizing is emphasized, while the stakes are higher in pressure situations, college coaches would get to see how these athletes respond in these pressure situations similar to what they will face in college. If summer recruiting is ended then young people will also benefit by spending less time on the road being shuttled from city to city and gym to gym to be "viewed" and more time at home with their families and friends and experience a much more normal and appropriate upbringing. College football has already scaled back their recruiting windows and since the NCAA has had open conversations about this why have they not done this for basketball also? Ending the summer recruiting period would also allow college coaches to stay more on their home college campus and work with their current athletes in addition to being home more in the spring and summer with their families.

Date: June 28, 2017

Put together by: Nalin Sood, President, NHSBCA

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The National High School Basketball Coaches Association is the National Voice of Action for High School Basketball Coaches

NATIONAL HIGH SCHOOL BASKETBALL COACHES ASSOCIATION

POSITION PAPER

A. Title/Topic:

The Use of Recruiting Service Ranking of players prior to entrance into high school

B. Suggested Stance/Position for NHSBCA

C. Brief Background

For many years high school players have been ranked by national recruiting services based on their projections of success and ability at the collegiate level. Over the past several years these rankings have included national rankings of players as young as the third grade, perhaps even younger.

D. Rationale, other information

The National High School Basketball Coaches Association is against the national ranking of youth basketball players prior to players entering high school. The reasoning for this position is based upon multiple factors. First, the ranking of players at younger ages is very difficult and a very inexact science. It is very difficult predicting future success for younger players based on the natural maturation of a player, attitudes, dedication, character of the player as well as many other factors. Secondly, there is not a governing body that oversees the ranking of youth players. Anyone may create a website with little to no qualifications and begin ranking players. There is no organization to oversee the people in charge of the rankings, to consider the source of the rankings, and/or to determine how those creating the rankings may benefit personally by ranking certain players over others, as well as any money rankers may receive for their list of ranked players. With no oversight organization the validity of the ranking of young players (before high school especially) is in jeopardy. With the validity in jeopardy why rank players? Finally, the ranking of youth players puts unneeded pressure on those players who are ranked and also on those players who feel they are good enough to be ranked, but aren't ranked. At younger ages this is not a healthy situation. Often players ranked highly at younger ages attracted the attention of people looking to profit off of the young players abilities or to simply be close to this player. This is a potentially dangerous situation that should be avoided at all costs if possible, especially before entering high school. For players not ranked, they may question if the hard work they are putting in is really worth it. The rankings may also lead players who are both ranked and unranked (especially those below high school age) to become more selfish players, simply because of a ranking. Unranked players wanting to become ranked and ranked players may feel pressure to promote their own game to maintain or improve their ranking. This selfishness only hurts our game and the development of the players unnecessarily at underdeveloped ages. It puts unneeded and often unwanted pressure on young people who aren't developed fully mentally.

Date: July 2017

Put together by: Chris Nimmo, Missouri

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National High School Basketball Coaches Association

Position Paper

A. Title/Topic: Use of a Shot Clock in scholastic games

B. Suggested Stance/Position for NHSBCA

It is the opinion of the National High School Basketball Coaches Association that the use of the shot clock should be an option available to every state for adoption.

C. Brief Background (facts, etc.)

As of the end of the 2016-17 academic year, there are eight states (Massachusetts, Maryland, Rhode Island, Washington, New York, California, North Dakota and South Dakota) that allow use of the shot clock at some level in at least 1 gender in their state. There are a number of other states that have also expressed an interest in at least looking into use of the shot clock. However, the purchase of the equipment necessary to implement the use of the shot clock is a significant expense. Many state leaders are hesitant to mandate that expense upon every school in their state without more information.

D. Rationale, other information

The NHSBCA suggests that the National Federation make the use of the shot clock a state adoption measure for at least 5 years. The NFHS could make use of the shot clock optional, with language similar to what it used this year in enlarging the coaching box “*The coaching box now shall be bounded by a line drawn 28 feet from the end line toward the division line. A line drawn from the sideline toward the team bench becomes the end of the coaching box toward the end line. State associations may alter the length and placement of the 28-foot coaching box*”. States could choose to use the shot clock at some level in some form within its state in order to gather data and information to make an informed decision about whether they feel it should be implemented completely. Currently coaches, officials and state leaders have only information they are given from those eight states that are using the shot clock.

Date: July 2017

Put together by: Greg Grantham, North Carolina

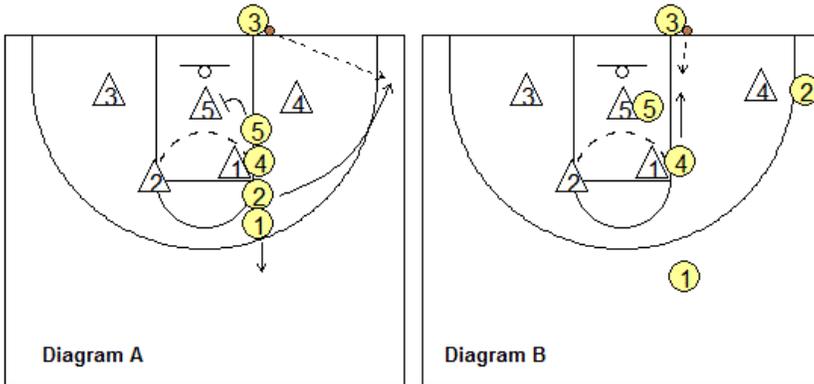
BASKETBALL PLAYS - OUT-OF-BOUNDS PLAYS VS THE 2-3 ZONE

By James Gels, from the Coach's Clipboard Basketball Playbook, @ <http://www.coachesclipboard.net>

Many teams will play a 2-3 zone to defend against the out-of-bounds play under the basket. Here are some plays you can run against a 2-3 zone.

Out-of-Bounds Play "Splitter"

Diagram A. Notice that the defense is aligned in a 2-3 zone. O3 has the ball out of bounds. O5 lines up above the blocks, between the X4 and X5 defenders. O4 stacks outside the X1 defender. O1 and O2 form a mini-stack above the X1 defender.



When O1 yells "go", O5 seals the inside defender. O2 (your best shooter) cuts around O4's screen to the ball-side corner. O2 could get the pass here and the three-point shot. Now if the X4 defender moves out toward the corner, O4 slides down the lane into the gap looking for the pass and shot (Diagram B). You should have a 2-on-1 situation with the X4 defender. Either O2 or O4 should be open.

Out-of-Bounds Play "23 Stack"

We stack on the ball-side lane line, and make sure the stack does not start too low... get them up near the elbow. Your best outside shooter is O2, and O4 and O5 are post players. O1 is the point guard. O2 cuts to the corner calling for the ball. This will probably get the outside low defender (X3) to move out to the corner with O2. Meanwhile, O5 screens on the middle defender, and O4 slides into the gap created by the screen, for the inbounds pass and easy shot (diagram B). O1 is your safety and splits out to the ball-side wing.

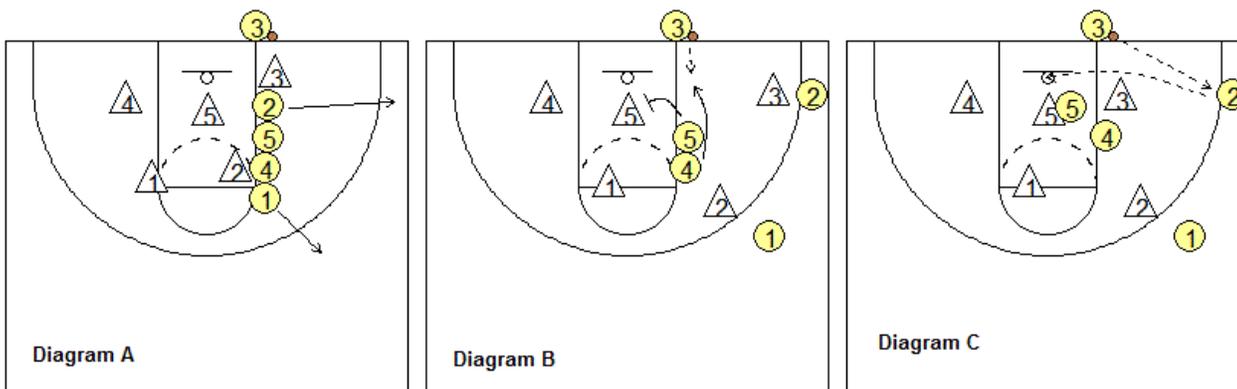
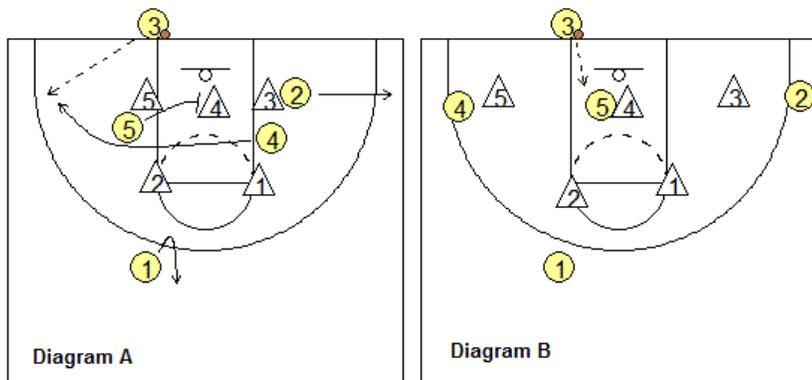


Diagram C. If the X3 defender stays inside, then O2 is open in the corner for the three-point shot. The inbound passer O3 has to read what the X3 defender does... if X3 goes outside with O2, pass inside to O4. If X3 stays inside, pass to O2 in the corner.

Out-of-Bounds Play “Indiana”

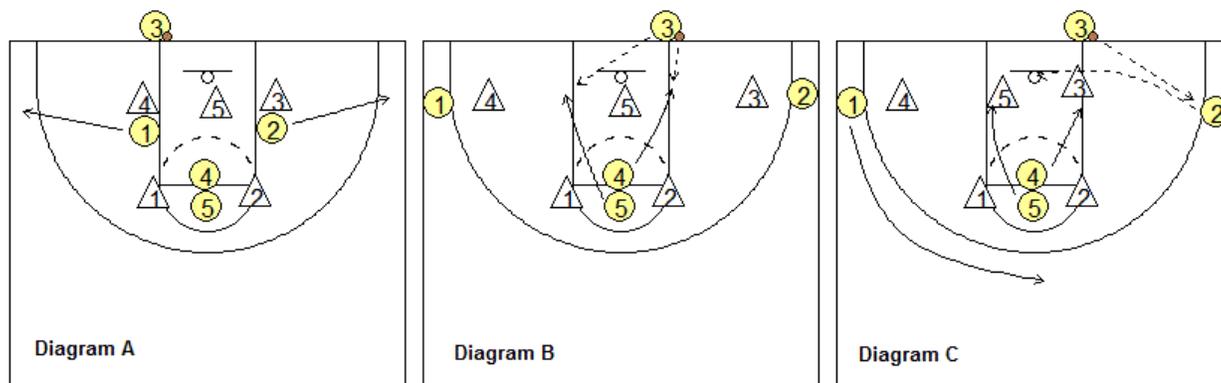
Here’s another baseline out-of-bounds play you can run against the 2-3 zone. In diagram A, your strong post player (O5) sets a screen on the middle defender X4. O4 cuts around the screen, moving out to the short corner or corner area, calling “ball, ball, ball”. This should get the X5 defender to move outside also onto O4. Now O5 seals for inside position, gets the inbounds pass and the power lay-up (diagram B).



Notice that O2 can cut to the opposite short corner for a shot, or maybe even steal the inside position from the X3 defender for a lay-up. O1 is our safety for the outlet pass if nothing develops inside. After making the inbounds pass, O3 should move to the opposite corner-wing area.

Out-of-Bounds Play “Middle”

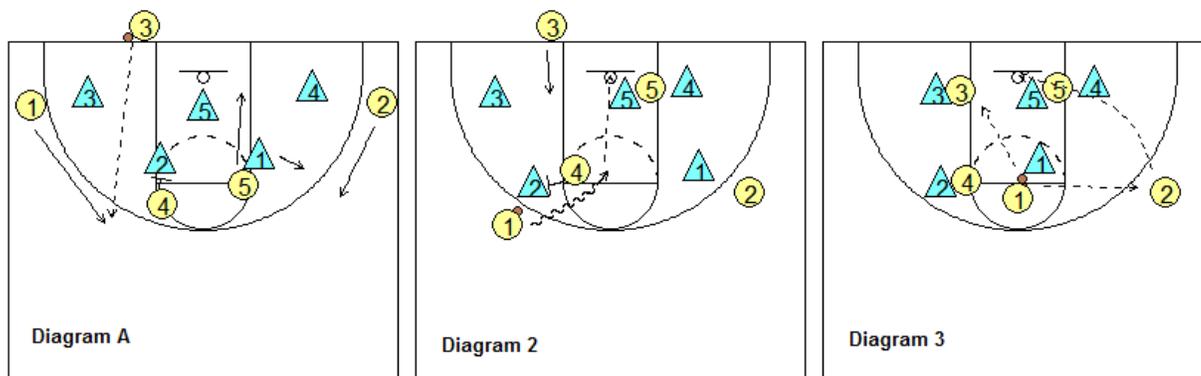
See the diagrams below. Put your best shooters on the blocks. They will split out wide to the corners looking for the pass and corner 3-point shot. Stack your two post players in the middle near the free-throw line.



After O1 and O2 start their cuts to the corners, hopefully the outside low defenders will go with them to the corners. O3 and O4 cut around the middle defender to each block... one should be open for the lay-up. Or, a corner 3-point shot may be open if the defenders stay inside,

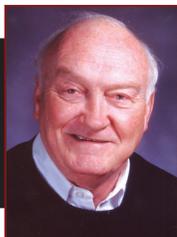
Out-of-Bounds Play “Iowa”

This play will get you an open shot from either the free-throw line, or the right wing. In diagram 1, we start with the guards in the corners and the posts at the elbows. O4 screens the X2 defender so that O1 can get the inbounds pass on the left top area. O2 cuts up to the right wing, and O5 cuts between the X5 and X4 defenders.



O4 then ball-screens for O1 (diagram 2), and O1 dribbles around the screen for pull-up jump-shot at the free-throw line. Notice that O3 moves inbounds, sealing the X3 defender for inside position... which puts him/her in position for either a dump-down pass inside, or an offensive rebound. If the X1 defender drops inside to defend O1, O1 either kicks out to our shooter O2 for the open 3-point shot, or looks for O3 inside.

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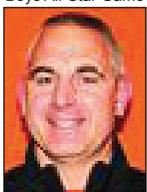
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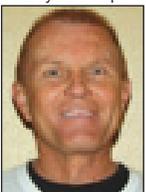
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